

Glebe

Newsletter



Friday 6th February 2026

www.glebe.derbyshire.sch.uk

Mental Health and Wellbeing Week 9th-13th February.

On Friday, 13th February, please wear something yellow. 50p, optional will be collected at the gate to raise money for Mental Health and Well-being.

Glebe feel school is an important setting because it helps students understand, value, and take care of their mental and emotional health in the same way they are encouraged to look after their physical health. Schools are a key environment where young people spend much of their time, face academic pressures, build relationships, and develop their identity, so promoting wellbeing there can have a lasting positive impact. Participating in Wellbeing Week helps raise awareness, reduce stigma around mental health, and encourage open conversations about feelings, stress, and challenges. It also gives students practical tools and strategies to manage emotions, cope with anxiety, build resilience, and support one another. The benefits include improved mood, stronger relationships, better focus and engagement in learning, and a more supportive, inclusive school culture where students feel safe, valued, and understood. To support this further, a link will be sent to families with lots of ideas and activities they can try at home, helping to strengthen the partnership between school and home and reinforce positive wellbeing habits beyond the classroom. Thank you, Mrs Fraser

Daring Dodgeball!

On Thursday it was the Y3/4 Dodgeball tournament at Alfreton Leisure Centre. Thirteen children took part and competed fiercely in some fast and furious matches. The atmosphere was electric: music pumping; whistles peeping; dodgeballs flying everywhere. All the children competed with enthusiasm and determination and it was a pleasure to see them encouraging each other and working as a team. Mrs Watson and Mr Green.

Well done to all the children who took part: Archie, Tommy, Finnley, Mia, Jimmy, Caleb, Oliver, Noah, Olivia, Margot, Abbie, Thomas and Jax.

Winter Games 2026

The Winter Games is taking place in Milan from today 6th February until the 22nd February. With sports including: Curling, Ice- Hockey, Snowboarding, Figure Skating, Bobsleigh and Ski-Mountaineering, it promises to be an exciting few weeks. Sixteen sports in all and more than 110 gold medals await. To celebrate this Sporting Event there will be an optional competition. Choose any aspect of the Winter Games and produce a piece of work to bring into school. This could be about an athlete, a sport, the venue or anything which takes your interest, the work could be written, a fact file, poster or even a model of a ski jump! Be as creative as you like. Please bring any entries into school and over to Mrs Watson's Class any time before Friday 27th February. Have fun watching and creating your competition entry. Mrs Watson.

Y5- Ted Day

On Thursday Y5 teachers worked alongside Ted Harris (EFD Sport and Education) to deliver the same day which the Y6 benefitted from two weeks ago. The workshops included: Perception of Masculinity, Friendship, Screen time and Analogue Bags and Being Kind Online. The children had some interesting discussions and responded maturely to the topics. Please ask your children about the day and to share some of the messages and lessons learnt.

How to get rid of head lice

We have had a number of cases of head lice reported in school, please see below information from the NHS website.

Treat head lice as soon as you spot them. You can treat head lice without seeing a GP.

Check everyone you live with, or have close contact with, and start treating anyone who has head lice on the same day.

There's no need to keep your child off school if they have head lice. You do not need to wash your laundry on a hot wash.

Wet combing

Lice and nits can be removed by wet combing.

You can buy a special fine-toothed comb (detection comb) online or from pharmacies to remove head lice and nits.

There may be instructions on the pack, but usually you:

- wash hair with ordinary shampoo
- apply lots of conditioner (any conditioner will do)
- comb the whole head of hair, using the detection comb, from the roots to the ends

It usually takes about 10 minutes to comb short hair, and 20 to 30 minutes for long, frizzy or curly hair. When you've finished combing the hair, comb through all the hair again for a second time.

Do wet combing on days 1, 5, 9 and 13 to catch any newly hatched head lice. Check again that everyone's hair is free of lice on day 17.

Medicated lotions and sprays

If wet combing has not worked or is not suitable, you could try a medicated lotion or spray. These kill head lice in all types of hair, and you can buy them from pharmacies, supermarkets or online. Head lice should die within a day. Some lotions and sprays come with a comb to remove dead lice and eggs.

Some treatments need to be repeated after a week to kill any newly hatched lice.

Check the pack to see if they're OK for you or your child to use, and how to use them.

If lotions or sprays do not work, speak to a pharmacist about other treatments.

Treatments that are not recommended for head lice

Some treatments are not recommended because they're unlikely to work.

For example:

- products containing permethrin
- head lice "repellents"
- electric combs for head lice
- plant oil treatments, such as tea tree oil, eucalyptus oil and lavender oil herbal remedies

You cannot prevent head lice

There's nothing you can do to prevent head lice.

You can help stop them spreading by wet combing regularly, using a detection comb, to catch them early.

Do not use medicated lotions and sprays to prevent head lice. They can irritate the scalp.

Useful links:

<https://www.chc.org/for-parents-2/>

<https://www.nhs.uk/conditions/head-lice-and-nits/>.

Week Commencing: 9th February 2026

Monday 9th February

Mental Health and Wellbeing Week

Lea Green Parents meeting 5pm

Tuesday 10th February

Safer Internet Day

Year 4 swimming

Year 3 Dance 3.30pm - 4.30pm

Choir 3.25pm – 4.30pm

Wednesday 11th February

Life Skills Year 6

Road Safety Workshops Year 3 all day

Year 5 Street Dance 3.25pm - 4.25pm

Year 5 Multi Sports 3.30pm – 4.30pm

Thursday 12th February

Friday 13th February

Wear something yellow for Mental Health and Well-being

School dinner theme Winter Olympics

Last day of term

Extended Day

We still have places available for Breakfast Club if you need to get to work early, Monday to Friday 7:30–8:45am each morning at a cost of £3.50 per session for Glebe children. You do not need to attend the whole week, just the days you require. Please book places in advance by Thursday the week before through SchoolMoney. Breakfast items such as toast, croissants, cereal, waffles, pancakes, yoghurts and fruit juice all available.

Please do not bring your child to Breakfast Club unless they are booked in as they are not guaranteed a place. Any problems booking them in please contact the office on 01773 811304. Thank you.

After-School Club

23.02.2026 Back to School

03.03.2026 Year 4 Lea Green residential

12.03.2026 Science Visit

13.03.2026 Science Visit

18.03.2026 Parent Teacher Discussions

24.03.2026 Parent Teacher Discussions

27.03.2026 Break for Easter

13.04.2026 Back to School

04.05.2026 Bank Holiday

11.05.2026 SATS week Year 6 – please ensure your child is in school

22.05.2026 Break for half term

01.06.2026 Back to School

16.06.2026 National School Sport Week

26.06.2026 INSET Day

23.07.2026 Last day of term