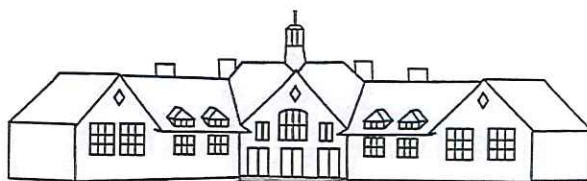


Glebe Newsletter



www.glebe.derbyshire.sch.uk

Friday 13th September 2024

******Nut Allergies******

Just a reminder that we have children in school that have nut allergies. We ask that you do not send your child with snacks and lunch items that contain nuts. Thank you for your cooperation.

PE Kits

Really great to see lots of children with their PE kits looking smart for their lessons this week. Just a reminder of the kit the children need in school.

Indoor: House t shirt and shorts.

Outdoor: House t-shirt, shorts or tracksuit bottoms, sweat top, trainers and socks.

It is useful to send a spare pair of socks so children can change if their feet get wet on the field. Thank you for your support. Mrs Watson.

Flu immunisations

If you would like your child to receive the flu vaccine in school this year, please follow this link to complete an online consent form. If you would like to decline, please complete a no consent form on the attached link.

<https://nhslmms.azurewebsites.net/session/2ef4e71c>

The vaccinations will take place at your child's school on Wednesday 23rd October 2024. The link will close on the 9th October. If your child has already had the Flu vaccine elsewhere since Sept 2024, please disregard this message. If you have any problems accessing the link, please telephone 0333 3583 397 option 5.

Macmillan's Coffee Morning

This year, Glebe are again happy to be supporting the Macmillan cancer charity's coffee day on Friday 27th September. Family and friends are welcome to join us in school for 'Coffee and Cake' from 2:15pm – 3:15pm. We feel this is an important fundraising event as most of us either know or have known someone who has suffered from this awful illness. Donations of cakes and biscuits will be greatly received so we can truly make this our best fundraiser ever as well as enjoying a super afternoon together for this very good cause. We will be having a 'Free From' stall and would very much appreciate any contributions towards this too. Thank you so much for all your support.

Mrs Turner

EcoSchools

We are pleased to announce that last year Glebe Junior School achieved the Eco Schools award with merit (You may have noticed the flag outside!). This is thanks to all the hard work from last year's Eco Committee, pupils and staff. We look forward to a new school year protecting our planet and looking after our environment. Miss Marriott

Healthy Snacks

Polite reminder – Snacks that are brought in to eat during morning and afternoon break should be healthy (low fat and sugar) and be nut free. For example: fruit, vegetable sticks, yogurts, cheese, cereal bars and crackers. Chocolate bars and crisps are not allowed to be eaten during

break, but they can be eaten at lunch if your child brings a packed lunch. Please remind your child that they should not be eating their lunch during break time. Children can bring a water bottle with water or weak squash in. Thank you. Miss Torrington.

Week Commencing: 16th September 2024

Monday 16 th September	Y5 Boys Football 3.30 – 4.30 Y6 Basketball 3.30 – 4.30
Tuesday 17 th September	Y5/6 Girls Football 3.30 – 4.30 Y6 Cross Country 3.30 – 4.30 Y4 Hockey 3.30 – 4.30
Wednesday 18 th September	Football Mixed 3.30 – 4.30 Y6- Dance 3.30 – 4.30
Thursday 19 th September	Boys Football 3.30 – 4.30 Y5-Netball 3.30 – 4.30 Choir Years 4,5,6 3.25 – 4.25 Y3- Multi Sports 3.30 – 4.30 Year 5/6 Open Evening Frederick Gents 5 – 7pm
Friday 20 th September	

Extended Day

We still have places available for Breakfast Club if you need to get to work early, Monday to Friday 7:30–8:45am each morning at a cost of £3.50 per session for Glebe children. You do not need to attend the whole week, just the days you require. Please book places in advance by Thursday the week before through SchoolMoney. Breakfast items such as toast, croissants, cereal, waffles, pancakes, yoghurts and fruit juice all available.

Please do not bring your child to Breakfast Club unless they are booked in as they are not guaranteed a place. Any problems booking them in please contact the office on 01773 811304. Thank you.

After-School Club

After school club run by JPAC, every day, 3:30 to 6pm. JPAC Club contact number: 07971957839 www.jpacschoolclubs.co.uk

Online Safety

We will be sharing a weekly online safety resource from the National College as part of the #WakeUpWednesday initiative. See the school website under Parents tab, Online Safety

Help & Support

Senior Designated Safeguarding Lead contact details

Headteacher: Steve Watson Tel 01773 811304 headteacher@glebe.derbyshire.sch.uk or safeguarding@glebe.derbyshire.sch.uk

- **Children's Carers Support Group**

Useful information regarding the Children's Carers Support Group is posted on the school website under the News and Events tab, Letters Home.

- **Starting Point and Call Derbyshire**

Tel 01629 5330190 24/7, 365 days Derbyshire contact and referral service for concerns that a child is suffering or at risk of significant harm.

- **DCC Child Protection and Safeguarding Team**

Tel 01629 535353 If you require any professional advice or have any questions at all relating to

a safeguarding issue.

- **Derbyshire Domestic Abuse Helpline** 08000198668

Free online mental health and wellbeing support, 7 days a week, for parents & carers of children & young people who live in Derby & Derbyshire.

- **The Sleep Charity Helpline**

At any given time up to 40% of adults and 50% of children (this rises to 80% with a SEND diagnosis) have difficulties with their sleep. Yet in a recent survey, almost 60% of adults felt there was a lack of support for sleep issues. Sleep problems can leave people feeling isolated and lonely.

Our free helpline is run by trained sleep advisors, many of whom are specialists in working with SEND. We can talk to young people directly, or parents (we can also talk to adults, including older people, about their sleep issues).

The helpline is open 5 times a week, Monday, Tuesday, Thursday evenings 7-9pm, and Monday, Wednesday mornings 9-11am. The number is 03303 530 541.

You can read more here: <https://thesleepcharity.org.uk/national-sleep-helpline/>

- **Free School Meals**

Derbyshire County Council website has a link that can provide an instant eligibility check for Free School Meals.

- **Is This Ok?**

Is This Ok? is a free, anonymous, and confidential service, bringing trained professionals together to provide support to young people through a chat service.

Young people don't need to provide their name and we don't need to know their address- which we know is important for them. www.isthisok.org.uk

Derby and Derbyshire Emotional Health and Wellbeing

This site provides a wealth of information for both professionals and families.

Please find the link below to the community updates.

[Derby & Derbyshire - Emotional Health & Wellbeing
\(derbyandderbyshireemotionalhealthandwellbeing.uk\)](http://derbyandderbyshireemotionalhealthandwellbeing.uk)

INSET DAYS 2024/2025

6th January 2025, 22nd April 2025. One more date to be confirmed.

Diary Dates

27.09.2024 Macmillan Coffee afternoon 2.15pm – all welcome

23.10.2024 Flu Immunisation team in school

25.10.2024 Last day of term

04.11.2024 Back to school

20.12.2024 Last day of term

06.01.2025 INSET Day

07.01.2025 Back to school

14.02.2025 Last day of term

24.02.2025 Back to school

04.04.2025 Last day of term

22.04.2025 INSET day

05.05.2025 May Bank Holiday

12.05.2025 SATS week – Year 6 - please ensure your child is in school

24.05.2025 Last day of term

02.06.2025 Back to school

30.06.2025 – 02.07.2025 Mount Cook Residential Year 6

24.07.2025 Last day of term

10 Top Tips for Parents and Educators

SUPPORTING CHILDREN TO MANAGE CONFLICT EFFECTIVELY

Disagreement is a natural part of human interaction. This can seem particularly true when dealing with the sensitive issues that arise for secondary-aged pupils. This guide brings you 10 top tips which can help prevent conflicts arising or mitigate their impacts when they do.

1 INSPIRE RESPONSIBILITY

The best approaches to conflict resolution are restorative. This means that rather than adults imposing their own solutions on children who have had a disagreement, they should work with them. Allowing them to handle it can feel empowering to young people and will hopefully teach them to manage their own disputes as they move towards adult life.

2 ACTIVELY LISTEN

Remember to give every child the opportunity to voice their opinion, regardless of their age, stage of development, special educational needs, or other individual requirements. This can be done using a variety of different communication methods. For example, some children find it easier to express how they're feeling using pictures and drawings, while some prefer to write their ideas down.

3 BE CURIOUS

Demonstrating how to approach conflicts with a mature and empathetic mindset can set a good example to children, which can prove a useful skill for them later in life. Model this by asking inquisitive-yet-respectful questions about the issue at hand. Really try to understand where all parties are coming from, and share information between them when and where appropriate. This should encourage young people to mirror your behaviour, teaching them to be curious about the other sides of a conflict, and thus being more willing to hear them out.

4 PROMOTE DIFFERENCES

Children and young people may come from a range of different backgrounds and cultures or have protected characteristics which may cause them to see things from various angles. Having a school and community culture which celebrates and embraces diversity in all things – including diversity of opinion – means people are more likely to feel heard and understood.

5 BE SUPPORTIVE

Discussions may be sensitive or, in some cases, even trigger negative emotions. Pupils may have mixed feelings about the issue at hand. They could be nervous or anxious before even coming to the table to talk about it. Try and create a space where all parties feel safe, welcome and comfortable. Allow breaks and time-outs if the conversation gets heated, to prevent anyone from saying something they might later regret.

6 MENTALLY PREPARE

Think of how you can approach the conflict in a calm and regulated manner. Consider taking some extra time to prepare beforehand and finding somewhere quiet to relax. Even if you're not directly involved with the conflict, mediating can be a stressful experience in its own right. Make sure you're hydrated, fed and comfortable, and do the same for the young people involved. These may seem like insignificant factors, but it's important to remember that physical discomfort can trigger dysregulation, which can make it much harder to have a calm, productive conversation.

7 GET YOUR FACTS STRAIGHT

Make sure you have all the facts, figures and timelines of the situation prior to the discussion. This should be done as objectively as possible with the aim of resolving the ongoing issue. You may want to risk assess any problems that may arise and look for possible solutions during your preparation time.

8 STICK TO THE POINT

Make the reason for, and purpose of, any meetings or communications clear prior to setting them up. Provide an agenda. Act as a neutral chairperson who can keep all parties on track. Make sure everyone has a chance to air their concerns about the issue being discussed and try to avoid talking about unrelated incidents. Close off with some action points, detailing what everyone can do to resolve the conflict.

9 BE SOLUTION FOCUSED

It's often said that the art of diplomacy is about giving others ladders to climb down. This means the main aim of any meeting or correspondence should be finding mutually acceptable and amicable solutions. Parents, carers, teachers and pupils should be aware there may need to be a compromise for the common good – and, most importantly, the good of the children you're supporting.

10 DON'T IGNORE OR AVOID CONFLICT

No one benefits from allowing concerns and grievances to fester, as this can lead to further division and mistrust, and ultimately doesn't help the children involved. Use our tips to open meaningful lines of communication. These should help you find a suitable resolution and minimise the number of conflicts you're faced with mediating overall.

Meet Our Expert

Catrina Lowri is a neurodivergent former SENCO and advisory teacher. She founded her company, Neuroteachers, to improve inclusion for neurodivergent people. She works with nurseries, schools, colleges and businesses providing consultancy, training and mentoring to create belonging and understanding for people with the full range of neurotypes.



#WakeUpWednesday

The National College

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/supporting-children-to-manage-conflict-effectively>

@wake_up_weds

/www.thenationalcollege

@wake.up.wednesday

@wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 11.03.2024



FREDERICK
GENT
SCHOOL

Year 6 Open Evening

Scan me to
book!



Frederick Gent School is a small school with a big heart and ambitions. Come along to our open evening to learn more about our excellent learning environment and caring community.

19TH
Sept 2024

5:00pm - 7:00pm
Mansfield Road
South Normanton, DE55 2ER

 office@frederickgent.tct.co.uk

 01773 811737

 www.frederickgent.tct.co.uk



MEMBER TO BE PART OF
THE TWO COUNTIES TRUST

AMBER VALLEY MINIS & JUNIORS

IS YOUR CHILD FULL OF ENERGY AND READY FOR A NEW CHALLENGE?

At Amber Valley we're passionate about introducing kids to the exciting world of rugby!

- OUR SESSIONS ARE DESIGNED TO
- BUILD CONFIDENCE AND TEAMWORK
 - TEACH CORE RUGBY SKILLS IN A FUN, SAFE ENVIRONMENT
 - ENCOURAGE FITNESS AND SPORTSMANSHIP

All skill levels are welcome from beginners to future stars, we've got a place in our squads for all Boys and Girls from year 1

up to year 9 with

Free Food after every session

COME ALONG THIS SUNDAY AT 10AM AND LET YOUR CHILD EXPERIENCE THE FUN AND FRIENDSHIP OF RUGBY!

FIRST 4 WEEKS FREE!!!

LOWER SOMERCOTES, ALFRETON DE55 4NQ
WHAT3WORDS ///SWAY.LOST.DIAMOND

AMBER VALLEY

WHERE RUGBY BEGINS

IT! RUGBY NEW PLAYER TRIALS ALERT! RUGBY N

WELCOME! BOYS AND GIRLS AGE 6+ ALL WELCOME!

10AM 15TH SEPT

NO EXPERIENCE NECESSARY!

COME JOIN THE FUN!

LOWER SOMERCOTES, ALFRETON, DE55 4NQ