

Glebe Newsletter



www.glebe.derbyshire.sch.uk

Friday 8th November 2024

Year 2 parents' events: An open evening on 11th November at 3.45pm and open morning on 12th November at 9.15am.

Junior Leadership Conference

On Friday morning 8, Year 6 Mini Leaders attended the Amber Valley Junior Leadership Conference at Alfreton Leisure Centre. They worked as a group to learn new games, teamwork and discuss the qualities that make a good Mini Leader. All the children represented Glebe brilliantly and the Amber Valley staff commented on how keen they were and how well they worked as a team. Well done to Quinn, Alix, Rubie, Jack, Blake, Rylee, Millie and Hetty.
Mrs Watson

Enterprise week starting 2nd December 2024

Children will be researching, designing, producing and selling their own Christmas product to children and parents.

Wannabe day Wednesday 4th December- dress up as someone you aspire to be!

Throughout this week we will be working with the children to:

develop their knowledge and understanding of different types of jobs, how money is spent in designing and making products and how they can contribute to a range of activities that help them to become more enterprising.

Children are welcome to bring money in on Friday 6th December and will have the opportunity to view and buy products in the hall in the afternoon. Mrs Cook

Eco Committee

It's Cut your Carbon month at Glebe Junior School. The Eco committee are busy encouraging pupils and teachers alike to make small changes that can positively affect our environment. Please see the attached sheet for easy ways to cut our carbon emissions.

Derbyshire Police and Crime Commissioner, Nicolle Ndiweni-Roberts, would like to hear views on crime and community safety in Derbyshire.

Throughout the year the Commissioner runs a survey called Listening 2 You, asking for Derbyshire residents' views on crime and community safety. This is done to ensure that the priorities the Commissioner sets for policing, community safety and victim services reflect the issues that matter most to Derbyshire residents, wherever they live in the City or the County. Using the responses from the survey, the Commissioner will work with the Chief Constable to ensure that resources are balanced efficiently with residents' concerns.

The survey questions cover feelings of safety, experiences of crime and anti-social behaviour in the area where they live, and opinions on local policing. The survey should take no longer than 4 minutes to complete. The link for the survey is below:

[Listening to you | Office of the Derbyshire Police and Crime Commissioner \(derbyshire-pcc.gov.uk\)](https://www.derbyshire-pcc.gov.uk)

Week Commencing: 11th November 2024

Monday 11th November

National School Meals Week

Anti-bullying Week

Tuesday 12th November

Open Evening for Year 2 parents 3.45pm

Open Morning for Year 2 parents 9.15am

Wednesday 13th November

Y6 Street Dance 3.30 – 4.30

Thursday 14th November
Friday 15th November

Y6 Multi Sports 3.30 – 4.30

Extended Day

We still have places available for Breakfast Club if you need to get to work early, Monday to Friday 7:30–8:45am each morning at a cost of £3.50 per session for Glebe children. You do not need to attend the whole week, just the days you require. Please book places in advance by Thursday the week before through SchoolMoney. Breakfast items such as toast, croissants, cereal, waffles, pancakes, yoghurts and fruit juice all available.

Please do not bring your child to Breakfast Club unless they are booked in as they are not guaranteed a place. Any problems booking them in please contact the office on 01773 811304. Thank you.

After-School Club

After school club run by JPAC, every day, 3:30 to 6pm. JPAC Club contact number: 07971957839 www.jpacschoolclubs.co.uk

Online Safety

We will be sharing a weekly online safety resource from the National College as part of the #WakeUpWednesday initiative. See the school website under Parents tab, Online Safety

Help & Support

Senior Designated Safeguarding Lead contact details

Headteacher: Steve Watson Tel 01773 811304 headteacher@glebe.derbyshire.sch.uk or safeguarding@glebe.derbyshire.sch.uk

- **Children's Carers Support Group**

Useful information regarding the Children's Carers Support Group is posted on the school website under the News and Events tab, Letters Home.

- **Starting Point and Call Derbyshire**

Tel 01629 5330190 24/7, 365 days Derbyshire contact and referral service for concerns that a child is suffering or at risk of significant harm.

- **DCC Child Protection and Safeguarding Team**

Tel 01629 535353 If you require any professional advice or have any questions at all relating to a safeguarding issue.

- **Derbyshire Domestic Abuse Helpline 08000198668**

Free online mental health and wellbeing support, 7 days a week, for parents & carers of children & young people who live in derby & Derbyshire.

- **The Sleep Charity Helpline**

At any given time up to 40% of adults and 50% of children (this rises to 80% with a SEND diagnosis) have difficulties with their sleep. Yet in a recent survey, almost 60% of adults felt there was a lack of support for sleep issues. Sleep problems can leave people feeling isolated and lonely.

Our free helpline is run by trained sleep advisors, many of whom are specialists in working with SEND. We can talk to young people directly, or parents (we can also talk to adults, including older people, about their sleep issues).

The helpline is open 5 times a week, Monday, Tuesday, Thursday evenings 7-9pm, and Monday, Wednesday mornings 9-11am. The number is 03303 530 541.

You can read more here: <https://thesleepcharity.org.uk/national-sleep-helpline/>

- **Free School Meals**

Derbyshire County Council website has a link that can provide an instant eligibility check for Free School Meals.

- **Is This Ok?**

Is This Ok? is a free, anonymous, and confidential service, bringing trained professionals together to provide support to young people through a chat service. Young people don't need to provide their name and we don't need to know their address- which we know is important for them. www.isthisok.org.uk

Derby and Derbyshire Emotional Health and Wellbeing

This site provides a wealth of information for both professionals and families. Please find the link below to the community updates.

[Derby & Derbyshire - Emotional Health & Wellbeing \(derbyandderbyshireemotionalhealthandwellbeing.uk\)](http://derbyandderbyshireemotionalhealthandwellbeing.uk)

INSET DAYS 2024/2025

6th January 2025, 22nd April 2025. One more date to be confirmed.

Diary Dates

19.11.2024 Year 3 Dogs Trust visit
20.11.2024 Individual photographs
25.11.2024 Book Fair
25.11.2024 Assessment Week
02.12.2024 Enterprise Week
04.12.2024 Wannabe Day dress up as someone you inspire to be!
12.12.2024 Christmas Fair
16.12.2024 Year 4 Christmas Party
17.12.2024 Year 5 Christmas Party
18.12.2024 Year 6 Christmas Party
19.12.2024 Year 3 Christmas Party
20.12.2024 Last day of term
06.01.2025 INSET Day
07.01.2025 Back to school
16.01.2025 Theme Dinner Day Around the World In 80 Days
14.02.2025 Theme Dinner Day If Music Be the Food of Love...
06.03.2025 Theme Dinner Day World Book Day
14.02.2025 Last day of term
24.02.2025 Back to school
20.03.25 – 21.03.25 Lea Green Residential Year 4
04.04.2025 Last day of term
22.04.2025 INSET day
05.05.2025 May Bank Holiday
12.05.2025 SATS week – Year 6 - please ensure your child is in school
19.05.2025 Arts & Cultures Week
24.05.2025 Last day of term
02.06.2025 Back to school
30.06.2025 – 02.07.2025 Mount Cook Residential Year 6
24.07.2025 Last day of term



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Multiply

Cook Outside with Multiply

We have teamed up with Grow Outside to offer some family outdoor cookery sessions. The sessions are for parents/carers and children and best of all... it is free! You and your child will learn new recipes and new skills, including cooking over a fire. Learn nutritious and delicious one pot meals that you can recreate on your hob or in your slow cooker at home.

Venue: South Normanton Allotments, access between 51 and 53 Alfreton Road, DE55 2AP. Follow the track to the allotment gate and parking area

Dates available: 7th December
18th January
15th February
15th March

Time: 11am to 1pm

To book your place please scan the QR code below or call 01629 532581

Scan to book



If you're aged 19+ and do not already have a GCSE at grade C (or equivalent) in maths, Multiply is available to you.



10 Top Tips for Parents and Educators

ENCOURAGING CHILDREN TO CHOOSE RESPECT

Sometimes, differences between children can escalate into bullying, potentially impacting their mental health in a way that can persist into adulthood. While it's natural to disagree sometimes, teaching children the importance of respect is essential – especially in difficult situations. This guide provides strategies for encouraging considerate behaviour, even during a dispute, to foster a kinder, more inclusive environment for everyone.

1 LEAD BY EXAMPLE

As adults, we play a crucial role in modelling respectful behaviour for children: they observe and learn from our actions every day. Be mindful of the way you interact with others in front of children. Keep in mind that you should always approach others with an attitude of mutual respect, even if you disagree with them. Demonstrating this behaviour can influence young people and help them to handle their own conflicts in a healthy way.

2 AGREE TO DISAGREE

Make sure children know that it's fine to have differing opinions – and that disagreeing with someone doesn't mean you can't get along or respect each other's point of view. Help them understand that sometimes we can 'agree to disagree'. Using active listening skills when doing this can also help to build empathy and understanding of others.

3 PROMOTE ACTIVE LISTENING

Teach children about the importance of active listening: that is, making a genuine effort to listen to the other person's perspective without interrupting, before responding in a way that shows you understand their viewpoint, even (or perhaps especially) if you disagree with it. This makes people feel respected and allows for a better comprehension of their point of view, which in turn can make it easier for you to communicate your own opinions to them.

4 ENCOURAGE THE USE OF "I" STATEMENTS

If a child finds themselves in a disagreement with someone, it can be useful to encourage them to use "I" statements during the discussion. Framing their thoughts and feelings using statements like "I feel ..." or "I think ..." can help them avoid an accusatory tone and encourages them to take responsibility for their own emotions.

5 FOCUS ON BEHAVIOUR, NOT CHARACTER

When disagreements happen, encourage children to focus on critiquing and addressing the specific actions or behaviours that caused this upset, rather than attacking the person's character. For example, "I didn't like how you interrupted me" is better than "You're so rude". This can help children avoid hurting someone's feelings, which is likely to inflame the situation.

6 STAY CALM AND TAKE BREAKS

It's perfectly normal to feel upset during a disagreement – especially if it's getting heated. Remind children that if they feel overwhelmed, they should try to take deep breaths or even go for a short break to help them stay composed. If a conversation becomes too intense, remind them it's OK to suggest continuing it later or in a different setting. This can prevent things getting out of hand, allowing cooler heads to prevail.

7 START CONVERSATIONS ABOUT RESPECT

Talk openly to children about what respect means – to you and to them. Discuss how they might show respect to each other, to friends, to strangers and even to people we might disagree with. You could use examples of considerate or inconsiderate behaviour in books, films or TV to open discussions about the importance of giving others due regard.

8 SEEK COMMON GROUND

When a disagreement has occurred between children, they may find it hard to move past it. You can support them in finding a more positive way forward by helping identify areas of agreement or common ground with the other party. This can help to build bridges between differing opinions and foster a more cooperative atmosphere, as well as preventing those involved from demonising each other.

9 AVOID MAKING THINGS PERSONAL

It's important that we make it clear to children they must avoid name-calling, swearing or derogatory remarks in a disagreement with others. Respectful language sets a positive tone and helps keep the conversation productive. Reminding children to stay calm and take breaks – as mentioned previously – can help them avoid getting too emotional and saying or doing something hurtful.

10 REFLECT AND LEARN

After a child has had a disagreement, encourage them to reflect on the experience and think about what they can learn from it. What did they handle well? How might they improve their communication skills to handle conflicts more effectively in the future? You could use role play, writing and drawing pictures, or hypothetical examples to further develop their skills in showing respect during a disagreement.

Meet Our Expert

The Anti-Bullying Alliance (ABA) co-ordinate Anti-Bullying Week each year. ABA is a unique coalition of organisations and individuals, working together to achieve their vision to stop bullying and create safer environments in which children and young people can live, grow, play and learn. They welcome membership from any organisation or individual that supports this vision and support a free network of thousands of schools and colleges.

ANTI-BULLYING ALLIANCE

#WakeUpWednesday

The National College

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/choose-respect>

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/www.thenationalcollege

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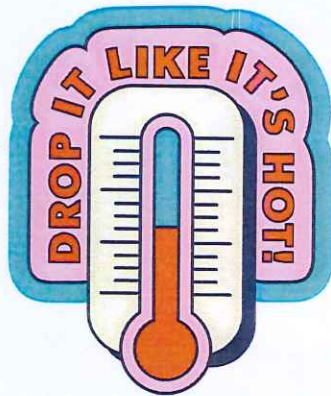
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1. Make 5 miles of travel 'active'



2. Go plant-based for a day



3. Turn down the heating by 1° for a week



4. Buy nothing new for 1 month



5. Substitute 4 baths for 4 showers and limit them to 4 minutes



6. Switch off all non-essential electrical devices for an hour

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