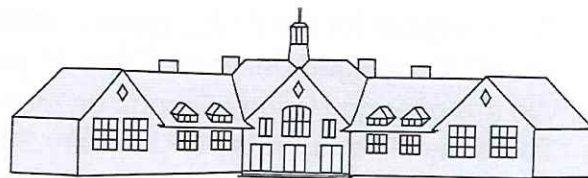


Glebe

Newsletter



www.glebe.derbyshire.sch.uk

Friday 6th December 2024

Enterprise Week

This week we have had a great time learning about Enterprise and the world of business and work. Each class have designed and made a product to sell at our stalls on Friday afternoon. The classes have learnt about budgets and profit whilst having fun. On Wednesday we had a Wannabe Day where children and staff dressed up as what they would like to be. Each year group have had visitors who have been inspiring and very interesting.

Many thanks to: Ian Beardsmore-MD Advanex, Amy Page– Leicester City FC Ladies Development Coach, Deb Jones– Makaton Tutor, Bex Middleton – Canine Partners, Andy Grainger– Audi, PSCOS, Kev Jones– Business Man, RSPCA, Mark Rimmington - Ex-Major in the Army and Landlord of The Grapes Pub, Liam Thompson– Derby County Footballer, Leanne Whysall– Stately Brides, Hattie White– Dog Trainer, Katy Starling– DHL and Mrs Marvin– Crochet and Crafts. A brilliant week had by all. Mrs Cook,

Dance Festival

On Wednesday, children from the Year 6 Dance Club went to perform their dance in the Amber Valley Dance Festival held at The New Horizons Centre. They performed a brilliantly cool number and did themselves proud. Their behaviour whilst watching the other schools perform was impeccable and they were a credit to our school. Thank you to Shianne and Mrs Bradley for working with the Dance Club on their fantastic routine. Well done to all the children who performed. So proud! Mrs Watson.

Christmas Fair 2024

It's fast approaching– Christmas is on its way and we will be holding our annual Christmas Fair. Thursday 12th December. 4:15-6pm.

We will have a Jolly Jar tombola so save your jars and start filling with goodies.

If you are having a clear out leading up to Christmas we will be accepting donations of the following:

- Pre-loved books in good condition
- Pre-loved clean teddy bears in good condition
- Any unused wrapping paper or gift bags.

Thank you for all your support and generosity in advance. Mrs Watson and Miss Torrington

School Photographs

You should have received a copy of your child's school photograph proof. JS Photography have advised that all orders must be in for **Monday 9th December** latest.

All orders must be placed by either online by visiting: photos.jssp.co.uk or via phone on 01773 717984 (office hours Monday-Friday 9:30-4:30pm) If you've opted for the 'Collect From School' option all orders will be delivered back to school approximately two weeks from the order by date stated above. Orders after the deadline will only be accepted direct to JS Photography and will be charged a delivery fee.

AVSSP's Holiday Camps are back for the Christmas holidays.

We are delighted to offer eligible children in your school FREE Holiday Camp places through the Holiday Activities & Food programme (HAF).

To be eligible for the FREE places, children must be in receipt of Pupil Premium funding for 2024/25 and aged between 5 and 11 years old.

We are offering Holiday Camps on Monday 30th and Tuesday 31st December 2024 as well as Thursday 2nd and Friday 3rd January 2025 across Alfreton, Heanor and Ripley Leisure Centre's. AVSSP Holiday Camps run from 8.30am to 3pm each day with a range of sporting activities, crafts, games, swimming and more. Each eligible child attending will also have the option to receive a free lunch, drink and snack.

To book their places parents/guardians must access our online booking system by clicking the webpage link contained in the attached invitation letter and below.

Bookings are now open through this link <https://avssp.co.uk/hafbooking-ny24win/>

Week Commencing: 9th December 2024

Monday 9th December	School photograph deadline
Tuesday 10th December	
Wednesday 11th December	Street Dance Y6 3.30 - 4.30pm
Thursday 12th December	Christmas Fair 4.15 – 6pm
Friday 13th December	

Extended Day

We still have places available for Breakfast Club if you need to get to work early, Monday to Friday 7:30–8:45am each morning at a cost of £3.50 per session for Glebe children. You do not need to attend the whole week, just the days you require. Please book places in advance by Thursday the week before through SchoolMoney. Breakfast items such as toast, croissants, cereal, waffles, pancakes, yoghurts and fruit juice all available.

Please do not bring your child to Breakfast Club unless they are booked in as they are not guaranteed a place. Any problems booking them in please contact the office on 01773 811304. Thank you.

After-School Club

After school club run by JPAC, every day, 3:30 to 6pm. JPAC Club contact number: 07971957839 www.jpacschoolclubs.co.uk
Christmas holiday club see attached flyer.

Online Safety

We will be sharing a weekly online safety resource from the National College as part of the #WakeUpWednesday initiative. See the school website under Parents tab, Online Safety

Help & Support

Senior Designated Safeguarding Lead contact details

Headteacher: Steve Watson Tel 01773 811304 headteacher@glebe.derbyshire.sch.uk or safeguarding@glebe.derbyshire.sch.uk

- **Children's Carers Support Group**

Useful information regarding the Children's Carers Support Group is posted on the school website under the News and Events tab, Letters Home.

- **Starting Point and Call Derbyshire**

Tel 01629 5330190 24/7, 365 days Derbyshire contact and referral service for concerns that a child is suffering or at risk of significant harm.

- **DCC Child Protection and Safeguarding Team**

Tel 01629 535353 If you require any professional advice or have any questions at all relating to a safeguarding issue.

- **Derbyshire Domestic Abuse Helpline 08000198668**

Free online mental health and wellbeing support, 7 days a week, for parents & carers of children & young people who live in Derby & Derbyshire.

- **The Sleep Charity Helpline**

At any given time up to 40% of adults and 50% of children (this rises to 80% with a SEND diagnosis) have difficulties with their sleep. Yet in a recent survey, almost 60% of adults felt there was a lack of support for sleep issues. Sleep problems can leave people feeling isolated and lonely.

Our free helpline is run by trained sleep advisors, many of whom are specialists in working with SEND. We can talk to young people directly, or parents (we can also talk to adults, including older people, about their sleep issues).

The helpline is open 5 times a week, Monday, Tuesday, Thursday evenings 7-9pm, and Monday, Wednesday mornings 9-11am. The number is 03303 530 541.

You can read more here: <https://thesleepcharity.org.uk/national-sleep-helpline/>

- **Free School Meals**

Derbyshire County Council website has a link that can provide an instant eligibility check for Free School Meals.

- **Is This Ok?**

Is This Ok? is a free, anonymous, and confidential service, bringing trained professionals together to provide support to young people through a chat service.

Young people don't need to provide their name and we don't need to know their address- which we know is important for them. www.isthisok.org.uk

Derby and Derbyshire Emotional Health and Wellbeing

This site provides a wealth of information for both professionals and families.

Please find the link below to the community updates.

[Derby & Derbyshire - Emotional Health & Wellbeing
\(derbyandderbyshireemotionalhealthandwellbeing.org.uk\)](http://derbyandderbyshireemotionalhealthandwellbeing.org.uk)

INSET DAYS 2024/2025

6th January 2025, 22nd April 2025. One more date to be confirmed.

Diary Dates

16.12.2024 Year 4 Christmas Party

17.12.2024 Year 5 Christmas Party

18.12.2024 Year 6 Christmas Party

19.12.2024 Year 3 Christmas Party

20.12.2024 Last day of term

06.01.2025 INSET Day

07.01.2025 Back to school

16.01.2025 Theme Dinner Day Around the World In 80 Days

14.02.2025 Theme Dinner Day If Music Be the Food of Love...

06.03.2025 Theme Dinner Day World Book Day

14.02.2025 Last day of term

24.02.2025 Back to school

20.03.25 – 21.03.25 Lea Green Residential Year 4

04.04.2025 Last day of term

22.04.2025 INSET day

05.05.2025 May Bank Holiday

12.05.2025 SATS week – Year 6 - please ensure your child is in school

19.05.2025 Arts & Cultures Week

24.05.2025 Last day of term

02.06.2025 Back to school

30.06.2025 – 02.07.2025 Mount Cook Residential Year 6

24.07.2025 Last day of term

Christmas with JPAC FREE Holiday Club

Location: Glebe Junior School, DE55 2JB

30th & 31st December

2nd & 3rd January

08:30-12:30 OR 13:00-17:00



Designed for children aged 4-16 for a fun-filled and healthy Christmas holiday!

If your child is eligible for benefits-related free school meals, then they are entitled to access sports, arts and crafts, cooking and lots more fun activities completely FREE!

To book, please visit:

jpac.ipalbookings.com



FREE HOLIDAY CAMPS DURING THE CHRISTMAS HOLIDAYS

Dear Parent/Guardian

It is with great pleasure that Amber Valley School Sport Partnership (AVSSP) can offer your child(ren) a **FREE** place on our Winter Holiday Camps for 2024/25.

For the past 4 years AVSSP have successfully delivered Holiday Camps to thousands of children across the borough and we're proud to do so again in conjunction with the Holiday, Activity & Food programme (HAF).

AVSSP Winter Holiday Camps are available to you on:

Monday 30th December

Tuesday 31st December

Thursday 2nd January

Friday 3rd January

All the above dates will be available at Alfreton, Ripley and Heanor Leisure Centre's.

To be eligible for free places your child must be in receipt of Pupil Premium funding during 2024/25. Eligibility will be checked with each school to ensure accuracy.

If you would like to take up this offer, please visit the below webpage to complete the booking form for your choice of venue and dates:

<https://avssp.co.uk/hafbooking-ny24win/>

Bookings will open at 10am on Wednesday 13th November

Places on our holiday camps will be offered on a first come first served basis so please book quickly to avoid disappointment.

We are able to accept bookings from children aged 5 to 11

This may mean that some children in Reception **ARE NOT** eligible as they have not yet turned five.



What to expect at our Holiday Camps

The camps will feature **fun, exciting physical activity, and sport** including dodgeball, football, playground games, archery, fencing, dance, gymnastics, and swimming.

We will also be incorporating **Arts, Crafts, Puzzles and Games**.

Food

Food will be provided for eligible children as part of the holiday camps, the food being prepared will be a pack up style lunch and snack including a drink, fruit, snack bar and choice of sandwich.

All of our Holiday Camps are NUT FREE sites – please do not send your children with nuts, Nutella/peanut butter sandwiches, snickers, buenos bars or similar.

Please note – many children attending our camps have other food allergies – no sharing of food is permitted in order to protect them.

Additional Needs

We are generally able to accept bookings for children with additional needs – it is vitally important that the responsible adult making the booking discloses as much information as possible about the additional needs of your child.

Please note that in some rare circumstances we are unable to make the necessary adjustments to accommodate all children – this will be communicated directly with parents/guardians.

Booking

Once you are booked onto the camps you are expected to attend, if you do intend to miss a day of holiday camps you are required to inform us by email to holidaycamps@avssp.co.uk or text to 07555 697591, failure to do so may prevent you from attending further bookings.

What will children need on the days?

Children will be required to wear comfortable sports type clothing at the camps. Please bring a swimming costume and towel every day should your child intend to take part in swimming. We also recommend that each child brings their own drink, eachday.

We look forward to seeing you at our Holiday Camps soon.

Amber Valley School Sport Partnership CIO

WHAT'S NEW IN NOVEMBER?!

GOT YOUR BACK DERBYSHIRE



Sophie and PCSO Jason Ashton from Tibshelf's SNT at Newton's Community Coffee Morning to promote awareness of ASB alongside Derbyshire County Council. Thank you to the local community for making us feel so welcome.



Callan spent some time at Chapel En Le Frith High School with PCSO K Green from Buxton Police SNT delivering a workshop around hate crime, we spoke about topics such as what is a hate crime and the different strands included.

Look out for our virtual assembly coming to your email inbox. The assembly can be shown to all staff/students and explains our support services and contact details so people can get in touch if support is needed!



HOW DO I REFER? :

THERE ARE A FEW DIFFERENT WAYS YOU CAN REFER INTO OUR SERVICE...

1. CALL OUR HELPLINE ON 0800 612 6505
2. FILL OUT THE REFERRAL FORM ON OUR WEBSITE
3. TEXT 'DVS' TO 82228
4. CONTACT US THROUGH OUR SOCIAL MEDIA, HOWEVER THIS IS NOT MONITORED 24/7



SCAN ME

DVS WEBSITE

WHAT'S NEW IN NOVEMBER?!

GOT YOUR BACK DERBYSHIRE

FEEDBACK...

remedi

'I found Lucy really helpful and I found that I could go to her about anything and I don't think I would have done half the things I have done without her help and support'

YOUNG PERSON SUPPORTED BY LUCY

GOT
YOUR
BACK.

remedi

"You're an angel in disguise!
Thank you for everything you're doing to help us."

Feedback from a parent of a YP being supported by Sophie

GOT
YOUR
BACK.

remedi

"The support that you have given him is so helpful. In the time he was off struggling you have helped him so much, I can start seeing my son being happy and enjoying life again and it's all thanks to your help and you seeing him. Thank you so much for everything you have done for us."

Parent of a young person supported by Lucy

GOT
YOUR
BACK.

remedi

"You're the first person who has proved to be doing their job properly and is helping us so thank you"

Feedback from a parent of a YP being supported by Sophie

GOT
YOUR
BACK.

WHAT'S NEW IN NOVEMBER?!

GOT YOUR BACK DERBYSHIRE

DEC EVENTS

CEASE.

On 25th Nov it was White Ribbon Day. White Ribbon Day is an international day of awareness where men and boys show their commitment to ending violence against women and girls

WHAT IS CEASE?

CEASE IS CREATING EMPOWERMENT AND SELF-EFFICACY FOR EVERYONE. A SERVICE THAT PROVIDES SUPPORT FOR YOUNG PEOPLE WHO HAVE WITNESSED OR EXPERIENCED DOMESTIC ABUSE.



This month Lucy and Tara set up the christmas tree for the annual christmas tree event held at The Crooked Spire Church in Chesterfield. Lots of different organisations and buisnesses have trees set up in the church until 2nd December, go take a look!



HATE CRIME

This month as a part of ASB awareness week Daryl attended 3 community events with partnership agencies to talk about ASB and what support services we can offer. Daryl also attended horizon sixth form to talk about our services and listen to individuals share the stories of ASB towards them. Thank you to those who were brave enough to share and 2 more people are now accessing support.



What's new?!

MEET THE TEAM



CHELSEA

GYB MANAGER



CALLAN

GYB PRACTITIONER



LUCY

GYB PRACTITIONER



DARYL

GYB HATE CRIME LEAD



SOPHIE

GYB PRACTITIONER



SIMONE

YOUNG PERSONS DOMESTIC ABUSE PRACTITIONER

CEASE.



ANEET

COORDINATOR



WHO ARE GYB?



GOT YOUR BACK SUPPORT YOUNG PEOPLE AGED 17 AND UNDER WHO HAVE BEEN AFFECTED BY CRIME IN DERBYSHIRE. THIS COULD BE VICTIMS, WITNESSES, OR THOSE WHO HAVE BEEN IMPACTED IN ANY WAY. WE OFFER FREE AND CONFIDENTIAL 1:1 SUPPORT WHICH IS TAILOR MADE TO EACH INDIVIDUAL SERVICE USER. TAKE A LOOK AT OUR INSTAGRAM TO SEE WHAT KIND OF SUPPORT WE PROVIDE!

SCAN ME



GYB INSTAGRAM

Cool Milk

Free & Subsidised
SCHOOL MILK

Register your child today!

www.coolmilk.com



Is your child registered for
SCHOOL MILK?

Child
UNDER 5

Every child under the age of five is entitled to free school milk. Simply register your child online.



Child
OVER 5

Every child over the age of five is entitled to milk at a subsidised cost of around £20 per term. Register your child and pay online.

Children in receipt of benefits-based free school meals are eligible for free school milk. Speak to the school for further information.

Free milk for under 5s is funded by the Department of Health and milk for over 5s is subsidised by DEFRA.

REGISTER YOUR CHILD TODAY

Register online
www.coolmilk.com



Need help?
Send us a message
at www.coolmilk.com/contact
or give us a call on **0800 321 3248**



FIND US ON SOCIAL MEDIA - SEARCH COOLMILKSCHEME

What Parents & Educators Need to Know about MENTAL HEALTH & WELLBEING APPS

WHAT ARE THE RISKS?

When looking at options for supporting a child's mental health, the sheer volume can be overwhelming. There are many wellbeing apps available, but unfortunately not all are trustworthy. It's important to evaluate which resources are suitable, reliable and effective. This guide lets you know what to consider before installing such an app, to determine just how useful it's going to be.

QUALITY & RELIABILITY

Mental health apps can be a useful starting point when looking for wellbeing advice and strategies and can be a useful extension to the in-person services available. However, they aren't a substitute. Information on the quality of some of these apps is scarce. They may look cute and child-friendly, but have they been designed by a mental health professional? Furthermore, do they have research to back up their content?

PLACE RESPONSIBILITY ON CHILDREN

Some apps add the words 'kids' or 'children' to their title or use cartoon icons to make them more appealing to young people. When signing up for some of these apps, some will speak to the parent directly, saying something along the lines of "Your child is good to go. Let them take it from here". It's important to remain involved in the child's mental health journey, so regular check-ins are recommended.

DISREGARDING APPROPRIATE SUPPORT

Young people who feel anxious and have trouble sleeping may download a mindfulness app to help. While this is a good strategy initially, it's not addressing the root of the problem. A child could simply try managing these symptoms themselves (as opposed to speaking out and seeking professional help), which could potentially worsen their anxiety in the long run.

LACK OF PERSONALISATION

Mental health or wellbeing apps are useful tools for the short term, teaching users several helpful habits to manage their condition – such as keeping an illness diary, improving nutrition and practising mindfulness exercises. As every person is unique – and children especially will grow and develop in different ways – these apps struggle to tailor themselves to users' individual needs. For example, many apps don't distinguish between the ages of users and can offer extremely generic advice.

DATA SECURITY

As with any other app – not just those for mental health and wellbeing – it's wise to check out the privacy policy before downloading it. Some of these applications may share data with third parties for numerous reasons (such as targeted advertisements), and if a user is sharing personal and sensitive information within the app, they probably don't want it ending up elsewhere without their consent.

IN-APP PURCHASES

Many apps will provide their most basic features for free but will require you to pay for other aspects – such as a more tailored experience or access to additional resources. This could be a one-off fee or a regular subscription. Consider whether this is actually required. Is it benefiting the child, or could they receive the same support from a medical professional?

Advice for Parents & Educators

CHECK THE CREDIBILITY OF THE APP

Before you download a mental health and wellbeing app, investigate the developers. Have they consulted with qualified mental health professionals to create their resource? Also check whether the app is affiliated with any government or mental health organisations, as these are solid indicators of legitimacy. Reviews can also be a useful signpost to the app's quality. There are many good apps out there, but there are just as many that miss the mark.

READ THE PRIVACY POLICY

Look into the app's terms of service – especially its privacy policy. Do so by yourself first, then go over it with the child who is considering using the app, to ensure they know what data will be collected and how exactly it will be used. Use all of this information to make an educated decision on whether or not to download that particular app.

SEEK PROFESSIONAL SUPPORT

Trusted mental health and wellbeing apps designed by qualified, reputable organisations can be used alongside the personalised advice and support of fully trained professionals. These apps should never be considered a substitute for counselling or other tailored medical help. If you have real concerns about a child's mental wellbeing, you should seek appropriate advice from a suitable source, such as their GP – or Childline, who can be contacted by calling 0800 1111.

ENCOURAGE OPEN COMMUNICATION

Mental health and wellbeing apps can be useful for writing down feelings, tracking your own health and other such activities. These can help if the problem is short-term and temporary – such as a child getting stressed about approaching exams – or if you're currently waiting for professional support. Nonetheless, it is important that children aren't solely reliant on the app and have a safe space to talk about their feelings and experiences in the real world.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



The National College

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/mental-health-apps>

