

# Glebe Newsletter



[www.glebe.derbyshire.sch.uk](http://www.glebe.derbyshire.sch.uk)

Thursday 24th July 2025

## Summer Reading Challenge:

We want to encourage children to continue to read and enjoy books over the summer as much as possible. As well as it being a fundamental skill, it also keeps children busy and is a fun activity over the summer!

World Book Day are running a summer reading challenge. The link below will take you to a web page with many opportunities for children to get involved in reading, both at home online and offline, and in the local library. Please see the link and have fun reading!

[https://www.worldbookday.com/2025/07/schools-out-so-lets-read-your-way-this-summer/?utm\\_campaign=2655762\\_Remail%3A%20Primary%20-%20Newsletter%20-%20July%202025&utm\\_medium=email&utm\\_source=EdCo&dm\\_i=35S3,1KX76,9L3VK7,6E34F,1](https://www.worldbookday.com/2025/07/schools-out-so-lets-read-your-way-this-summer/?utm_campaign=2655762_Remail%3A%20Primary%20-%20Newsletter%20-%20July%202025&utm_medium=email&utm_source=EdCo&dm_i=35S3,1KX76,9L3VK7,6E34F,1)

## Eco Committee

The Eco committee would like to thank everyone who has participated in our environmentally aware work across the year. We are sending home some optional homework/ ideas (From the National Trust) of things to do outdoors, with friends and family, in your local environment over the holidays. Thanks Miss Marriott

## Week Commencing: 8<sup>th</sup> September 2025

Monday 8<sup>th</sup> September                      **Back to School**  
Tuesday 9<sup>th</sup> September  
Wednesday 10<sup>th</sup> September  
Thursday 11<sup>th</sup> September  
Friday 12<sup>th</sup> September

## Extended Day

We still have places available for Breakfast Club if you need to get to work early, Monday to Friday 7:30–8:45am each morning at a cost of £3.50 per session for Glebe children. You do not need to attend the whole week, just the days you require. Please book places in advance by Thursday the week before through SchoolMoney. Breakfast items such as toast, croissants, cereal, waffles, pancakes, yoghurts and fruit juice all available.

**Please do not bring your child to Breakfast Club unless they are booked in as they are not guaranteed a place. Any problems booking them in please contact the office on 01773 811304. Thank you.**

## After-School Club

After school club run by JPAC, every day, 3:30 to 6pm. JPAC Club contact number: 07971957839 To book, please visit [jpac.ipalbookings.com](http://jpac.ipalbookings.com)

## Online Safety

We will be sharing a weekly online safety resource from the National College as part of the #WakeUpWednesday initiative. See the school website under Parents tab, Online Safety

## Help & Support

### Senior Designated Safeguarding Lead contact details

Headteacher: Steve Watson Tel 01773 811304 [headteacher@glebe.derbyshire.sch.uk](mailto:headteacher@glebe.derbyshire.sch.uk) or [safeguarding@glebe.derbyshire.sch.uk](mailto:safeguarding@glebe.derbyshire.sch.uk)

- **Children's Carers Support Group**

Useful information regarding the Children's Carers Support Group is posted on the school website under the News and Events tab, Letters Home.

- **Starting Point and Call Derbyshire**

Tel 01629 5330190 24/7, 365 days Derbyshire contact and referral service for concerns that a child is suffering or at risk of significant harm.

- **DCC Child Protection and Safeguarding Team**

Tel 01629 535353 If you require any professional advice or have any questions at all relating to a safeguarding issue.

- **Derbyshire Domestic Abuse Helpline 08000198668**

Free online mental health and wellbeing support, 7 days a week, for parents & carers of children & young people who live in derby & Derbyshire.

- **The Sleep Charity Helpline**

At any given time up to 40% of adults and 50% of children (this rises to 80% with a SEND diagnosis) have difficulties with their sleep. Yet in a recent survey, almost 60% of adults felt there was a lack of support for sleep issues. Sleep problems can leave people feeling isolated and lonely.

Our free helpline is run by trained sleep advisors, many of whom are specialists in working with SEND. We can talk to young people directly, or parents (we can also talk to adults, including older people, about their sleep issues).

The helpline is open 5 times a week, Monday, Tuesday, Thursday evenings 7-9pm, and Monday, Wednesday mornings 9-11am. The number is 03303 530 541.

You can read more here: <https://thesleepcharity.org.uk/national-sleep-helpline/>

- **Free School Meals**

Derbyshire County Council website has a link that can provide an instant eligibility check for Free School Meals.

- **Is This Ok?**

Is This Ok? is a free, anonymous, and confidential service, bringing trained professionals together to provide support to young people through a chat service.

Young people don't need to provide their name and we don't need to know their address- which we know is important for them. [www.isthisok.org.uk](http://www.isthisok.org.uk)

### Derby and Derbyshire Emotional Health and Wellbeing

This site provides a wealth of information for both professionals and families.

Please find the link below to the community updates.

[Derby & Derbyshire - Emotional Health & Wellbeing \(derbyandderbyshireemotionalhealthandwellbeing.uk\)](http://derbyandderbyshireemotionalhealthandwellbeing.uk)

### INSET DAYS 2025/2026

3rd November 2025, 5th January 2026 & 26th June 2026.

### Diary Dates

26.09.2025 Macmillan Coffee Afternoon

24.10.2025 Break for half term

04.11.2025 Back to school  
21.11.2025 Individual School Photos  
19.12.2025 Break for Christmas  
06.01.2026 Back to School  
13.02.2026 Break for half term  
23.02.2026 Back to School  
12.03.2026 Science Visit  
13.03.2026 Science Visit  
27.03.2026 Break for Easter  
13.04.2026 Back to School  
04.05.2026 Bank Holiday  
22.05.2026 Break for half term  
01.06.2026 Back to School  
23.07.2026 Last day of term

# What Parents & Educators Need to Know about ONLINE SLANG

Slang moves fast – and for many young people, it’s not just how they talk, but how they share their identity and feelings. Learning key terms helps adults connect and show understanding, even if the lingo seems baffling at first.

## WHAT ARE THE RISKS?

### GENERATIONAL MISCOMMUNICATION

Words like 'rizz' or 'slaps' can be misunderstood by adults, leading to awkward moments or a breakdown in trust. These phrases often carry subtle social meanings among young people.

### RAPIDLY SHIFTING MEANINGS

Slang changes quickly. A term like 'bop' might sound innocent one week and be repurposed the next. This makes it easy for adults to fall behind and for children to misstep.

### SHIELDING BULLYING OR EXCLUSION

Inside jokes and trending terms like 'slmp' or 'NPC' can be used to mock or exclude others. What looks like harmless fun might actually reinforce social divisions or bullying.

### PERFORMING FOR THE ALGORITHM

Slang often reflects what’s popular on platforms like TikTok. Young users might exaggerate or act out for likes, creating online personas that don’t match their real selves.

### CONTENT MODERATION WITH CODED SPEECH

To avoid content filters, young people sometimes use slang or emojis to talk about serious topics – for example, saying 'unalive' instead of other death-related terms. This makes harmful content harder to spot.

### LONG-TERM DIGITAL FOOTPRINT

A slang-filled post might seem funny now but could resurface years later during job checks or university applications – possibly out of context, but still damaging.

## Advice for Parents & Educators

### KEEP UP, DON'T CATCH UP

Follow youth culture pages or ask your child about new slang. Staying informed shows that you’re engaged and open to understanding their world.

### ASK, DON'T INTERROGATE

Use open questions to invite conversation. You’re not quizzing them – just trying to learn more about their online lives.

### FOCUS ON CONNECTION OVER CONTROL

Being someone your child can talk to is more valuable than using strict filters or monitoring apps. Openness builds trust.

### ENCOURAGE CRITICAL MEDIA LITERACY

Talk about where slang comes from, how it spreads, and how it can impact others. This helps young people use language more thoughtfully.

## ONLINE SLANG CHEAT SHEET - The following slang terms are common examples – please be aware this isn't an exhaustive list and both meaning and prevalence can change swiftly.

#### COMMON SLANG:

- **Sigma** - Independent, self-reliant (often male) mindset; proud outsider status. Often celebrated in motivational memes.
- **Skibidi** - Nonsense word from the viral 'Skibidi Toilet' meme; expresses chaos or fun. Usually harmless but pervasive.
- **Chat** - The collective audience or group of viewers (e.g. on a livestream). Used when addressing followers directly.
- **Lock in** - To focus, commit or get serious (e.g. before gaming or sports). Positive encouragement to concentrate.
- **Cooking** - Doing something exceptionally well or gaining momentum. Opposite of 'cooked'.
- **Rizz** - Charisma or flirting ability (short for charisma). Can praise social confidence.
- **Aura or aura farming** - One's perceived 'energy' or vibe; 'farming' means manufacturing clout.

#### POTENTIALLY CONCERNING SLANG

- **Bop** - An adult content creator (e.g. OnlyFans). Indicates exposure to 18+ material.
- **Cyat or gyatt** - Sexualised exclamation about someone's backside. Objectifies appearance.
- **Tralalero tralala / bombardino crocodilo / tung tung tung sahur** - Spammy references to AI-generated creatures with 'Italian-sounding' names. Can clog chats, derail discussion, and harass others.
- **Glazing** - Overpraising or obsessively defending a streamer or celebrity.
- **Crash out** - To lose control, give up or have a meltdown; sometimes hints at self-harm.
- **Cooked** - Ruined, exhausted or in serious trouble; sometimes mental health-related.
- **Unalive** - Euphemism for death or suicide; used to avoid content filters.
- **NPC** - Used to suggest someone is lacking independent thoughts or is repetitive and predictable.

### Meet Our Expert

Keith Broni is a globally renowned emoji expert and the Editor in Chief of [emojipedia.org](http://emojipedia.org), the world's number one emoji resource. He has an MSc in Business Psychology from University College London and an MBA from Quantic School of Business and Technology.



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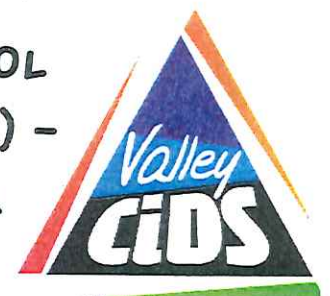
# FREE SCHOOL UNIFORM, BAGS AND SCHOOL SUPPLIES!\*

VISIT SELECT LIGHTHOUSE CHARITY  
SHOPS BETWEEN JUL 25<sup>TH</sup> - SEP 5<sup>TH</sup>

- HEANOR
- SOUTH NORMANTON
- RIPLEY
- RIDDINGS (GREENHILL LANE)
- BULWELL



\*3 UNIFORM ITEMS PLUS A BAG AND SCHOOL  
SUPPLIES PER CHILD (WHILST STOCK LASTS) -  
SEE THE VALLEY CIDS WEBSITE FOR YOUR  
NEAREST SHOP AND OPENING TIMES)



# 50

Do

# 31



## Adventurer

1. Climb a tree
2. Roll down a really big hill
3. Camp out in the wild
4. Build a den
5. Skim a stone
6. Run around in the rain
7. Fly a kite
8. Catch a fish with a net
9. Eat an apple straight from a tree
10. Play conkers

## Discoverer

11. Go on a really long bike ride
12. Make a trail with sticks
13. Make a mud pie
14. Dam a stream
15. Play in the snow
16. Make a daisy chain
17. Set up a snail race
18. Create some wild art
19. Play pooch sticks
20. Jump over waves

## Ranger

21. Pick blackberries growing in the wild
22. Explore inside a tree
23. Visit a farm
24. Go on a walk barefoot
25. Make a grass trumpet
26. Hunt for fossils and bones
27. Go star gazing
28. Climb a huge hill
29. Explore a cave
30. Hold a scary beast

## Tracker

31. Hunt for bugs
32. Find some frogspawn
33. Catch a falling leaf
34. Track wild animals

## Explorer

35. Discover what's in a pond
36. Make a home for a wild animal
37. Check out the crazy creatures in a rockpool
38. Bring up a butterfly
39. Catch a crab
40. Go on a nature walk at night
41. Plant it, grow it, eat it
42. Go swimming in the sea
43. Build a raft
44. Go bird watching
45. Find your way with a map and compass
46. Try rock climbing
47. Cook on a campfire
48. Learn to ride a horse
49. Find a geocache
50. Canoe down a river

Sign up online to get your own virtual explorer, plus top tips and extra secret challenges!



National Trust

[nationaltrust.org.uk/50things](http://nationaltrust.org.uk/50things)

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