

# *Glebe*

## *Newsletter*



[www.glebe.derbyshire.sch.uk](http://www.glebe.derbyshire.sch.uk)

**Friday 10<sup>th</sup> January 2025**

### School Closure

As you are aware from my previous letter one of our teachers Mrs Turner sadly died on the 20<sup>th</sup> December. Her funeral service is to be held on Monday 20<sup>th</sup> January. After consultation with the Local Authority we have taken the decision to close the school as a mark of respect for Mrs Turner's years of service and to let staff attend her funeral service. This decision has not been taken lightly but myself and the governors believe under these exceptional circumstances it is the right thing to do.

Some parents have asked about contributing to a collection, the family have requested no flowers but donations can be made to school and will be donated to Youth Work carried out by the Community Church which was a cause close to Mrs Turner's heart.

JPAC will be offering holiday club hours from 7.30am – 6pm on the 20<sup>th</sup> January. Please book places via the JPAC booking app: [jpac.ipalbookings.com](http://jpac.ipalbookings.com)

Thank you for your support and understanding. Mr Watson Headteacher and Mr Walt Greensmith, Chair of Governors.

### SchoolApp

We ask all parents and carers have downloaded the schoolapp, this is the main source of information from school to parents. If you change your telephone number and or email address please inform the school office via 01773 811304 or [info@glebe.derbyshire.sch.uk](mailto:info@glebe.derbyshire.sch.uk). Thank you for your cooperation.

### AVSSP Dodgeball club

AVSSP are delighted to be launching a brand-new Community Dodgeball club in 2025. Aiming to provide high quality, easy to access sports coaching without the need to sign up for weeks in advance our clubs aim to bridge the gap between PE & School Sport and outside school participation.

AVSSP Dodgeball is open to girls and boys and delivered by qualified lead coaches in the activity and aim to be affordable on a pay as you go system.

- Ages 6-13
- Girls & Boys welcome
- Alfreton Leisure Centre
- Thursday's, 6-7pm
- Bookings: <https://avssp.co.uk/dodgeball-club/>

### Police Community Catch Up

Come along to discuss any issues you have Monday 13<sup>th</sup> January at the Pinxton Miners Welfare 17:00-18:00 or at The Post mill centre, South Normanton on Friday 24<sup>th</sup> January 14:00-15:00 to discuss any issues you may have in your local area.

### Recycle

In January, Eco Club will be collecting old Christmas card to reuse and recycle into gift tags and other items. Please send unwanted cards to Miss Marriott's room. Thank you

**Week Commencing: 13<sup>TH</sup> January 2025**

Monday 13 <sup>th</sup> January	Bikeability 5E & 5B – see letter New Age Kurling- Y3 3.30- 4.30pm
Tuesday 14 <sup>th</sup> January	Bikeability 5E & 5B – see letter Dance- Y6 3.30 – 4.30pm
Wednesday 15 <sup>th</sup> January	Bikeability 5L & 5G – see letter Dance- Y4 3.25 – 4.30pm
Thursday 16 <sup>th</sup> January	Bikeability 5L & 5G – see letter Theme Dinner Day Around the World In 80 Days Table Tennis- Y6 3.25 – 4.30pm – Classes 6G & 6L
Friday 17 <sup>th</sup> January	

### Extended Day

We still have places available for Breakfast Club if you need to get to work early, Monday to Friday 7:30–8:45am each morning at a cost of £3.50 per session for Glebe children. You do not need to attend the whole week, just the days you require. Please book places in advance by Thursday the week before through SchoolMoney. Breakfast items such as toast, croissants, cereal, waffles, pancakes, yoghurts and fruit juice all available.

**Please do not bring your child to Breakfast Club unless they are booked in as they are not guaranteed a place. Any problems booking them in please contact the office on 01773 811304. Thank you.**

### After-School Club

After school club run by JPAC, every day, 3:30 to 6pm. JPAC Club contact number: 07971957839 To book, please visit [jpac.ipalbookings.com](http://jpac.ipalbookings.com)

### Online Safety

We will be sharing a weekly online safety resource from the National College as part of the #WakeUpWednesday initiative. See the school website under Parents tab, Online Safety

### Help & Support

#### Senior Designated Safeguarding Lead contact details

Headteacher: Steve Watson Tel 01773 811304 [headteacher@glebe.derbyshire.sch.uk](mailto:headteacher@glebe.derbyshire.sch.uk) or [safeguarding@glebe.derbyshire.sch.uk](mailto:safeguarding@glebe.derbyshire.sch.uk)

- **Children’s Carers Support Group**

Useful information regarding the Children’s Carers Support Group is posted on the school website under the News and Events tab, Letters Home.

- **Starting Point and Call Derbyshire**

Tel 01629 5330190 24/7, 365 days Derbyshire contact and referral service for concerns that a child is suffering or at risk of significant harm.

- **DCC Child Protection and Safeguarding Team**

Tel 01629 535353 If you require any professional advice or have any questions at all relating to a safeguarding issue.

- **Derbyshire Domestic Abuse Helpline 08000198668**

Free online mental health and wellbeing support, 7 days a week, for parents & carers of children & young people who live in derby & Derbyshire.

- **The Sleep Charity Helpline**

At any given time up to 40% of adults and 50% of children (this rises to 80% with a SEND diagnosis) have difficulties with their sleep. Yet in a recent survey, almost 60% of adults felt there was a lack of support for sleep issues. Sleep problems can leave people feeling isolated and lonely.

Our free helpline is run by trained sleep advisors, many of whom are specialists in working with

older people, about their sleep issues).

The helpline is open 5 times a week, Monday, Tuesday, Thursday evenings 7-9pm, and Monday, Wednesday mornings 9-11am. The number is 03303 530 541.

You can read more here: <https://thesleepcharity.org.uk/national-sleep-helpline/>

- **Free School Meals**

Derbyshire County Council website has a link that can provide an instant eligibility check for Free School Meals.

- **Is This Ok?**

Is This Ok? is a free, anonymous, and confidential service, bringing trained professionals together to provide support to young people through a chat service.

Young people don't need to provide their name and we don't need to know their address- which we know is important for them. [www.isthisok.org.uk](http://www.isthisok.org.uk)

### **Derby and Derbyshire Emotional Health and Wellbeing**

This site provides a wealth of information for both professionals and families.

Please find the link below to the community updates.

[Derby & Derbyshire - Emotional Health & Wellbeing](http://derbyandderbyshireemotionalhealthandwellbeing.uk)  
([derbyandderbyshireemotionalhealthandwellbeing.uk](http://derbyandderbyshireemotionalhealthandwellbeing.uk))

### **INSET DAYS 2024/2025**

22<sup>nd</sup> April 2025. One more date to be confirmed.

### **Diary Dates**

20.01.2025 School Closed to Pupils

14.02.2025 Theme Dinner Day If Music Be the Food of Love...

06.03.2025 Theme Dinner Day World Book Day

14.02.2025 Last day of term

24.02.2025 Back to school

20.03.25 – 21.03.25 Lea Green Residential Year 4

04.04.2025 Last day of term

22.04.2025 INSET day

05.05.2025 May Bank Holiday

12.05.2025 SATS week – Year 6 - please ensure your child is in school

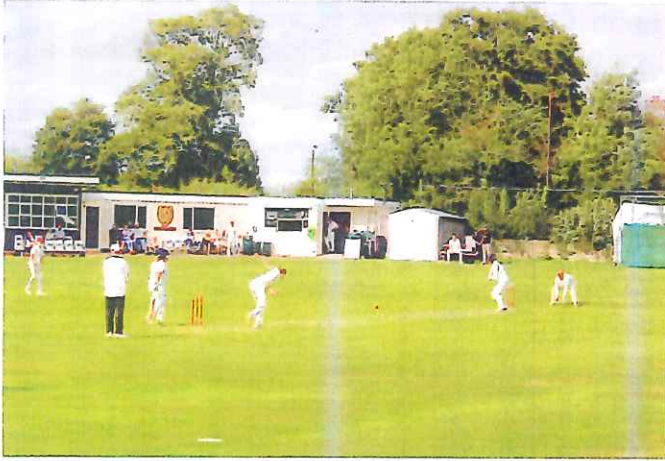
19.05.2025 Arts & Cultures Week

24.05.2025 Last day of term

02.06.2025 Back to school

30.06.2025 – 02.07.2025 Mount Cook Residential Year 6

24.07.2025 Last day of term



## New Juniors Wanted!

### SOUTH WINGFIELD CRICKET CLUB

South Wingfield CC are welcoming new Juniors to join our already established sides for the 2025 season. Our winter indoor training commences on Thursday 9<sup>th</sup> January 2025 from 19:00-20:00 at Highfields School, Matlock.

Whether you have tried cricket before or are a beginner, SWCC qualified coaches will help develop your cricketing, teamwork and social skills in a fun inclusive environment.



AGES 8-15

BOYS AND GIRLS  
WANTED!

U11, U13, U15 TEAMS

WINTER INDOOR NETS  
TRAINING AT HIGHFIELDS  
SCHOOL MATLOCK,  
EVERY THURSDAY FROM  
9<sup>TH</sup> JANUARY 19:00-20:00

FOR FURTHER INFORMATION  
PLEASE CONTACT  
[LEWIS MAGEFORD](mailto:LEWIS.MAGEFORD@SWCC.CO.UK)  
07481 197674

SOUTH WINGFIELD  
CRICKET CLUB

Holme Lane  
South Wingfield  
DE55 7NY



# What Parents & Educators Need to Know about JUSTALK KIDS

## WHAT ARE THE RISKS?

JustTalk Kids is a child's version of the JusTalk app – a highly popular social networking platform – designed for users up to 13 years of age, allowing them to video call, message and participate in group chats. While adults can link their own JusTalk account to their child's and make use of parental controls, it's important to understand the risks associated with the app.

### SUBSCRIPTION FOR PREMIUM ACCESS



While JusTalk Kids is free, there's the option to subscribe to a kids' premium account or a premium family account. At a cost, this feature allows children to have access to more fun features such as games they can play with others in a call, exclusive stickers, a badge denoting them as a premium subscriber, and exclusive ringtones and themes.

### RESISTANCE TO CONTROLS



JusTalk Kids endeavours to allow children the sense of having a chat-based app while allowing parents to set controls (within the app or from their own adult JusTalk account). The basis behind this is positive; however, some children are challenging their parents by refusing to use JusTalk Kids, preferring to use the adult version without any restrictions in place.

### KNOWING THE PARENT PASSCODE



After downloading JusTalk Kids, parents can set a passcode which users must enter to add contacts. The parental controls help to manage which content can be viewed and who children can add as a contact; this then allows children to chat with friends in a controlled environment. However, prospective contacts don't have to know a specific username. In theory, someone could type in a random name and then add them as a friend.

### POTENTIAL DATA LEAKS



JusTalk and JusTalk Kids claim to be secure and encrypted, going so far as to state that even the developers themselves won't access your data. However, a security lapse in 2022 highlighted that messages were not in fact encrypted – leading to concerns around the security of the app and the transparency of the development team.

### CYBERBULLYING



Online chats can provide a sense of anonymity, leading some users to post things which they wouldn't normally say in person. Combined with the option of group chats, there's a risk that young people might join in with this kind of behaviour, escalating it further and potentially turning what should be a fun experience into something deeply negative.

### TOO MUCH SCREENTIME



A report by the UK Parliament Education Committee highlighted a 52% increase in children's screen time between 2020 and 2022 – as well as finding that 25% of children used their smartphones in a manner consistent with screen addiction. Introducing children to social networking apps when they're too young can lead to bad digital habits and a reliance on technology from an early age.

## Advice for Parents & Educators

### JUSTIFY THE CONTROLS



If parents allow their child to use JusTalk Kids, they should explain that they're putting parental controls in place to make the app safer. Make sure the child knows not to put their full name on the account and doesn't use a photo of themselves as their profile picture. This type of open discussion will help to ensure that a child is aware of the app's potential risks and knows how to reduce them.

### TALK ABOUT ONLINE FRIENDSHIPS



Young children could be excited to use this app. However, highlight that they must do so in a positive, respectful and responsible manner. While it can be easy to get caught up in a group chat, it's important to talk to others politely and call out any unpleasant behaviour. Discuss the importance of limiting their contacts to people they know in real life and use parental controls to enforce this.

### DOS AND DON'TS OF SHARING



Some children might not understand the potential dangers of oversharing online. Set clear guidelines around what is and isn't safe to share on the internet, and discuss the concept of a digital footprint. Children need to understand that the things they say and share online can never be completely erased. Even if they delete it themselves, it can be saved and distributed by others.

### ENCOURAGE OPEN COMMUNICATION



Apps like JusTalk can sometimes lend themselves to bullying behaviours. Parents should monitor what their child is sending and receiving, check in with them regularly and encourage them to share their feelings (both positive and negative) at home. Remind them that they can block a contact if someone is treating them disrespectfully.

### Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



The National College®

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/justtalk-kids>

# 10 Top Tips for Parents and Educators

## SUPPORTING CHILDREN TO RETURN TO ROUTINE

Most of us look forward to the school holidays as an opportunity to slow down and relax, stay up later, sleep in and generally approach life in a more leisurely fashion. However, this does mean that returning to normal school-day routines can feel like an uphill battle. Here are some practical tips to ease that transition, reduce stress and set children up for success.

### 1 START SMALL AND EARLY

Begin reintroducing elements of the school routine a week before term starts. Gradually adjust bedtime, wake-up times and mealtimes to be more in line with school-day rhythms. Small changes can make a big difference in avoiding last-minute panic and helping children to readjust smoothly.



### WEEKLY PLANNER



### 2 REVISIT THE SCHEDULE

Involve your child in mapping out their daily routine so they understand what's going to change. Visual tools like charts or calendars can help keeping to that schedule feel more engaging. When children understand and anticipate their personal timetable, they feel more secure and in control.



### 3 CREATE A SLEEP PLAN

Sleep can present one of the biggest challenges, as children can sometimes become night owls, prone to staying up late during the holidays. Limit screen time before bed and encourage winding-down activities like reading or listening to calming music. A restful night's sleep improves focus, mood and overall wellbeing, making mornings much smoother.



### 4 ENCOURAGE FRIENDSHIPS

Help your child to reconnect with school friends by organising playdates, catch-ups or arranging to go to after-school clubs. Re-establishing social bonds can make the return to school more exciting and less intimidating, allowing youngsters to focus on the positive aspects of the new term.



### 5 GRANT RESPONSIBILITY

Give children control over some aspects of the morning routine. Maybe they could be in charge of waking everyone up, serving breakfast or choosing the radio station that everyone listens to while getting ready. Something that gives them a sense of ownership over their morning schedule can help them view the task as one they've chosen to do, rather than being told to do it.



### 6 FOCUS ON NUTRITION

Make sure children are receiving balanced meals (with regular healthy snacks to boost energy and concentration), putting them in the best possible state to return to education. A nutritious breakfast is particularly crucial for a positive start to the day. Involve children in meal planning to make it enjoyable and collaborative.



### 7 COMMUNICATE OPENLY

Talk with your child about how they're feeling about returning to school; whether they're excited, anxious or a mix of both. Validating their emotions helps them feel supported and understood. Try asking them about the things they're looking forward to at school, such as seeing their friends again. Focusing on the positives can be useful for children struggling with change.



### 8 RECONNECT WITH LEARNING

Ease children back into a learning mindset by incorporating fun, educational activities into their home life. Reading a favourite book, playing games that involve maths or discussing an interesting topic can gently reawaken their focus and prime their minds to learn, which can have helpful impacts on their academic performance.



### 9 PREP TOGETHER

Turn preparation into a shared activity, to shoulder the responsibility together and provide support where needed. Pack school bags, lay out uniforms and plan lunch the night before. This not only reduces early morning stress but also gives children a sense of ownership over being ready for school.



### 10 BE PATIENT AND FLEXIBLE

Transitions take time, and every child adjusts differently; so, it's important to stay calm and supportive, especially if they're reacting adversely to the change in their daily life. Be ready to tweak routines as needed, and work with the child to make the return to education easier possible for them. Patience can go a long way to setting a positive tone for the new school year.



### Meet Our Expert

Becky Dawson is an education expert with a focus on mental health and wellbeing. Passionate about empowering adults who spend time with and care for young people, Becky specialises in creating practical strategies that promote wellbeing and resilience in children during life's transitions.



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