

Glebe ***Newsletter***



Friday 17th January 2025

School Closure

School will be closed on Monday 20th January as a mark of respect and to allow the staff to attend the funeral of Mrs Lesley Turner a highly valued member of staff who had worked at Glebe Junior School for the last 15 years. I would like to thank all the parents for their kind words and support during this very distressing time. Mr Watson Head teacher.

Brilliant Boccia

On Tuesday afternoon, Mrs Whelpton and Mrs Bradley had the pleasure of taking 2 teams to Alfreton Leisure Centre to take part in a Boccia competition. Boccia is a cross between bowls and boules. It is a sport that requires precision, skill and tactics; the aim being to get your ball as close to the white target ball as possible.

Overall, out of 18 teams, we came 4th. More importantly, all Glebe children were praised for their attitude, politeness and teamwork! Well done boys!! Mrs Whelpton

Futsal Tournament

Tuesday saw the Y6 boys participate in the Amber Valley School Sports Partnership Futsal tournament. We entered two teams into the competition, one led by Mr Green and the other by Miss Deacon. One team managed to win all their group games without conceding a goal! That record helped them reach the final of the competition where they unfortunately fell short. Both teams played excellently, behaved brilliantly and should be proud of their performances. Well done to Noah, Charlie H, Harry H, John M, Charlie M, Charlie W, Jackson, Zach, George, Will, Lucas, Freddie and Ollie. Thank you to all the parents for their support. Mr Green.

Police Community Catch Up

Come along to discuss any issues you have at The Post mill centre, South Normanton on Friday 24th January 14:00-15:00 to discuss any issues you may have in your local area.

Recycle

In January, Eco Club will be collecting old Christmas cards to reuse and recycle into gift tags and other items. Please send unwanted cards to Miss Marriott's room. Thank you

Week Commencing: 20TH January 2025

Monday 20th January
Tuesday 21st January

School Closed
Y4 Swimming
Dance- Y6 3.30 – 4.30pm
Year 6 parents SATS meeting 5pm – school hall
Dance- Y4 3.25 – 4.30pm
Table Tennis- Y6 3.25 – 4.30pm – Classes 6G & 6L

Wednesday 22nd January
Thursday 23rd January
Friday 24th January

Extended Day

We still have places available for Breakfast Club if you need to get to work early, Monday to

Friday 7:30–8:45am each morning at a cost of £3.50 per session for Glebe children. You do not need to attend the whole week, just the days you require. Please book places in advance by Thursday the week before through SchoolMoney. Breakfast items such as toast, croissants, cereal, waffles, pancakes, yoghurts and fruit juice all available.

Please do not bring your child to Breakfast Club unless they are booked in as they are not guaranteed a place. Any problems booking them in please contact the office on 01773 811304. Thank you.

After-School Club

After school club run by JPAC, every day, 3:30 to 6pm. JPAC Club contact number: 07971957839 To book, please visit jpac.ipalbookings.com

Online Safety

We will be sharing a weekly online safety resource from the National College as part of the #WakeUpWednesday initiative. See the school website under Parents tab, Online Safety

Help & Support

Senior Designated Safeguarding Lead contact details

Headteacher: Steve Watson Tel 01773 811304 headteacher@glebe.derbyshire.sch.uk or safeguarding@glebe.derbyshire.sch.uk

- **Children's Carers Support Group**

Useful information regarding the Children's Carers Support Group is posted on the school website under the News and Events tab, Letters Home.

- **Starting Point and Call Derbyshire**

Tel 01629 5330190 24/7, 365 days Derbyshire contact and referral service for concerns that a child is suffering or at risk of significant harm.

- **DCC Child Protection and Safeguarding Team**

Tel 01629 535353 If you require any professional advice or have any questions at all relating to a safeguarding issue.

- **Derbyshire Domestic Abuse Helpline 08000198668**

Free online mental health and wellbeing support, 7 days a week, for parents & carers of children & young people who live in derby & Derbyshire.

- **The Sleep Charity Helpline**

At any given time up to 40% of adults and 50% of children (this rises to 80% with a SEND diagnosis) have difficulties with their sleep. Yet in a recent survey, almost 60% of adults felt there was a lack of support for sleep issues. Sleep problems can leave people feeling isolated and lonely.

Our free helpline is run by trained sleep advisors, many of whom are specialists in working with SEND. We can talk to young people directly, or parents (we can also talk to adults, including older people, about their sleep issues).

The helpline is open 5 times a week, Monday, Tuesday, Thursday evenings 7-9pm, and Monday, Wednesday mornings 9-11am. The number is 03303 530 541.

You can read more here: <https://thesleepcharity.org.uk/national-sleep-helpline/>

- **Free School Meals**

Derbyshire County Council website has a link that can provide an instant eligibility check for Free School Meals.

- **Is This Ok?**

Is This Ok? is a free, anonymous, and confidential service, bringing trained professionals together to provide support to young people through a chat service.

Young people don't need to provide their name and we don't need to know their address- which we know is important for them. www.isthisok.org.uk

Derby and Derbyshire Emotional Health and Wellbeing

This site provides a wealth of information for both professionals and families.
Please find the link below to the community updates.

[Derby & Derbyshire - Emotional Health & Wellbeing](http://derbyandderbyshireemotionalhealthandwellbeing.uk)
(derbyandderbyshireemotionalhealthandwellbeing.uk)

INSET DAYS 2024/2025

22nd April 2025. One more date to be confirmed.

Diary Dates

- 10.02.2025 Fire Brigade in school Year 6
- 14.02.2025 Theme Dinner Day If Music Be the Food of Love...
- 14.02.2025 Last day of term
- 24.02.2025 Back to school
- 06.03.2025 World Book Day
- 06.03.2025 Theme Dinner Day World Book Day
- 20.03.25 – 21.03.25 Lea Green Residential Year 4
- 04.04.2025 Last day of term
- 22.04.2025 INSET day
- 05.05.2025 May Bank Holiday
- 12.05.2025 SATS week – Year 6 - please ensure your child is in school
- 19.05.2025 Arts & Cultures Week
- 24.05.2025 Last day of term
- 02.06.2025 Back to school
- 30.06.2025 – 02.07.2025 Mount Cook Residential Year 6
- 24.07.2025 Last day of term

What Parents & Educators Need to Know about

TIKTOK



WHAT ARE THE RISKS?

Adults tend to associate online videos with YouTube – but among teens, TikTok is king. The app provides a stream of short clips tailored to users' interests, based on what they've already watched. Around half of British children use TikTok, and while much of the content is benign, Ofcom considers it the app where youngsters "were most likely to encounter a potential harm".

AGE-INAPPROPRIATE CONTENT



While TikTok's Following feed only displays videos from familiar creators, For You is a collection based on a user's previously watched clips. Most of these videos will probably be inoffensive, but the app *could* potentially show something unsuitable. If children then engage with this content, more like it will follow. TikTok's guidelines prohibit the sharing of illegal or inappropriate content, but the huge number of uploads means that a small amount inevitably slips through.

BODY IMAGE AND DANGEROUS CHALLENGES

According to Ofcom, most online harms for teens are body image related for girls (promoting unhealthy eating, body shaming and so on) and dangerous stunts for boys. Both are prevalent on TikTok. One extreme example of the latter was the 'blackout' trend, which encouraged users to hold their breath until they passed out from a lack of oxygen. This led to two families filing lawsuits against TikTok over the tragic deaths of their children.

IN-APP SPENDING

TikTok is free, but users have the option to buy TikTok coins, which can be used to purchase gifts for content creators. Coin bundles range from £9.99 to an eye-watering £99; while that may not sound appealing, the app still generated £7.9 billion in user spending in 2023. TikTok's policy is that under-18s can't make in-app purchases, but it's possible to bypass this with a fake birth date.

CONTACT WITH STRANGERS



With more than 1.5 billion users globally, the potential for contact from strangers on TikTok is high – especially as accounts created by over-16s (or young people using a fake date of birth) are set to public by default. This means that not only is someone's profile visible to everyone else on the app, it also suggests their videos to others and enables anyone to download or comment on them.

MISINFORMATION AND RADICALISATION

Although the short videos on TikTok tend to be more frivolous than the longer ones on YouTube, clips can still influence impressionable minds in a negative way. Not only is there plenty of dangerous misinformation on TikTok, but Ofcom reports that nearly a third of 12 to 15-year-olds use TikTok as a news source – so you should be wary of misogynistic, racist or conspiracy-themed material shaping how they see the world.

ADDICTIVE DESIGN

With its constant stream of eye-catching videos, TikTok can be addictive to young brains. In 2024, UK children spent an average of 127 minutes per day on the app: that's twice as much as in 2020. Excessive use can interfere with young people's sleep patterns – often leading to irritability – and distract them from other, healthier activities. The instantly skippable nature of bite-size videos may also impact children's ability to maintain focus.

Advice for Parents & Educators

ENABLE FAMILY PAIRING

Family Pairing allows parents to link their TikTok account to their child's, and control settings remotely. Parents can then turn on Restricted Mode (reducing the chances of a child seeing inappropriate content), set screen-time limits, make accounts private and manage whether their child can send messages – and if they can, to whom. Children can't alter these settings without parental approval.



BLOCK IN-APP SPENDING

If a child is using an iPhone or Android device to access TikTok, you can alter their settings to prevent them from making in-app purchases. We'd recommend enabling this feature, as it can be quite easy for a young person to spend a significant amount of real money buying TikTok coins to unlock more features of the app – sometimes without even realising.



DISCUSS THE DANGERS

If a child wants to use TikTok and you're happy for them to do so, it's good practice to discuss the potential risks. Ensure that they don't share any identifying personal information, and that they know to talk to a trusted adult if they're worried by interactions on the app. With more teens using TikTok for news, it's also worth talking about misinformation and propaganda, and how to identify it.



READ THE SIGNS

If you're concerned that a child is spending too much time on TikTok, or that they've been emotionally affected by something they've seen, it's important to know how to spot the signs. Increased irritability and a lack of concentration are potential red flags, as is falling to complete homework or skipping meals. Remember, the parental controls are there for a reason, and it's never too late to introduce limits.



Meet Our Expert

Alan Martin is an experienced technology journalist who has written for the likes of Wired, TechRadar, Tom's Guide, The Evening Standard and The New Statesman.

