

Glebe Newsletter



Friday 12th September 2025

www.glebe.derbyshire.sch.uk

******Nut Allergies******

Just a reminder that we have children in school that have nut allergies. We ask that you do not send your child with snacks and lunch items that contain nuts. Thank you for your cooperation.

Welcome back!

We have had a great start to the school year. It has been fantastic to see all the children looking smart and ready for their lessons. Just a reminder of the PE kit the children need in school:

- Indoor: House t shirt and shorts.
- Outdoor: House t-shirt, shorts or tracksuit bottoms, sweat top, trainers and socks.

It is useful to send a spare pair of socks so children can change if their feet get wet on the field. Please ensure all uniform items and water bottles, coats etc are clearly named.

Now we have fully converted to Embark Trust we are required to attend an additional Inset Day which is Friday 7th November. I can only apologise that this is in addition to the previously advertised dates but we have to work in line with the other schools in the Trust. Mr Watson.

Macmillan Coffee Event

We are pleased to again be supporting the Macmillan Charity's coffee and cake fundraising event. Friends and family are warmly welcomed to join children and staff in school on Friday 26th September for 'Coffee and Cake' from 2:15 pm. This event has always been well-supported by our parents and families and we feel this is an important fundraiser as many of us either know or have known someone who has suffered from this awful illness.

Donations of cakes will be greatly appreciated and needed so we can ensure this our best fundraiser yet, as well as enabling everyone to enjoy a fun afternoon together for this deserving cause.

After School Sports Clubs

Next week we will be starting our After-School Sports Clubs. There is lots on offer and children have been bringing letters home. If your child has returned their slip they will have a place on the club. Please see you letter dates and take note there will be no session when it is PTDs (8TH & If

your child has signed up for a club we will expect them there each week. If they cannot attend for any reason please write a note in their diary. We cannot accept a verbal reason from the child. Please make sure your child has their PE kit for the club. Any questions please do not hesitate to get in touch. Here's to a half term of lots of activity in the sunshine! Mrs Watson.

Flu Vaccine

If you would like your child to receive the flu vaccine in school this year, please follow this link to complete an online consent form. If you would like to decline, please complete a no consent form on the attached link.

<https://nhslmms.azurewebsites.net/session/f9b29297>

The vaccinations will take place at your child's school on the 01/10/2025 The link will close on the 17/09/2025. If your child has already had the Flu vaccine elsewhere since Sept 2025, please

disregard this message. If you have any problems accessing the link, please telephone 0333 3583 397 option 5 option 2.

Week Commencing: 15th September 2025

Monday 15 th September	Y3 Football- Baboons and Lions (3 weeks) Y3 Basketball
Tuesday 16 th September	Year 4 Swimming starts – see letter Y6- Boys Football Y5/6- Girls Football Y4- Athletics
Wednesday 17 th September	Y6 Dance Y5- Boys Football
Thursday 18 th September	Y5/6 Netball
Friday 19 th September	

Extended Day

We still have places available for Breakfast Club if you need to get to work early, Monday to Friday 7:30–8:45am each morning at a cost of £3.50 per session for Glebe children. You do not need to attend the whole week, just the days you require. Please book places in advance by Thursday the week before through SchoolMoney. Breakfast items such as toast, croissants, cereal, waffles, pancakes, yoghurts and fruit juice all available.

Please do not bring your child to Breakfast Club unless they are booked in as they are not guaranteed a place. Any problems booking them in please contact the office on 01773 811304. Thank you.

After-School Club

After school club run by JPAC, every day, 3:30 to 6pm. JPAC Club contact number: 07971957839 To book, please visit jpac.ipalbookings.com

Online Safety

We will be sharing a weekly online safety resource from the National College as part of the #WakeUpWednesday initiative. See the school website under Parents tab, Online Safety

Help & Support

Senior Designated Safeguarding Lead contact details

Headteacher: Steve Watson Tel 01773 811304 headteacher@glebe.derbyshire.sch.uk or safeguarding@glebe.derbyshire.sch.uk

- **Children’s Carers Support Group**

Useful information regarding the Children’s Carers Support Group is posted on the school website under the News and Events tab, Letters Home.

- **Starting Point and Call Derbyshire**

Tel 01629 5330190 24/7, 365 days Derbyshire contact and referral service for concerns that a child is suffering or at risk of significant harm.

- **DCC Child Protection and Safeguarding Team**

Tel 01629 535353 If you require any professional advice or have any questions at all relating to a safeguarding issue.

- **Derbyshire Domestic Abuse Helpline 08000198668**

Free online mental health and wellbeing support, 7 days a week, for parents & carers of children & young people who live in derby & Derbyshire.

- **The Sleep Charity Helpline**

At any given time up to 40% of adults and 50% of children (this rises to 80% with a SEND diagnosis) have difficulties with their sleep. Yet in a recent survey, almost 60% of adults felt there was a lack of support for sleep issues. Sleep problems can leave people feeling isolated and lonely.

Our free helpline is run by trained sleep advisors, many of whom are specialists in working with SEND. We can talk to young people directly, or parents (we can also talk to adults, including older people, about their sleep issues).

The helpline is open 5 times a week, Monday, Tuesday, Thursday evenings 7-9pm, and Monday, Wednesday mornings 9-11am. The number is 03303 530 541.

You can read more here: <https://thesleepcharity.org.uk/national-sleep-helpline/>

- **Free School Meals**

Derbyshire County Council website has a link that can provide an instant eligibility check for Free School Meals.

- **Is This Ok?**

Is This Ok? is a free, anonymous, and confidential service, bringing trained professionals together to provide support to young people through a chat service.

Young people don't need to provide their name and we don't need to know their address- which we know is important for them. www.isthisok.org.uk

Derby and Derbyshire Emotional Health and Wellbeing

This site provides a wealth of information for both professionals and families.

Please find the link below to the community updates.

[Derby & Derbyshire - Emotional Health & Wellbeing \(derbyandderbyshireemotionalhealthandwellbeing.uk\)](http://derbyandderbyshireemotionalhealthandwellbeing.uk)

INSET DAYS 2025/2026

3rd November 2025, 7th November, 5th January 2026 & 26th June 2026.

Diary Dates

26.09.2025 Macmillan Coffee Afternoon 2.15pm

01.10.2025 Flu Immunisations in school

08.10.2025 Parent Teacher Discussions in school 3.40pm - 6.20pm

14.10.2025 Parent Teacher Discussions in school 3.40pm - 6.20pm

24.10.2025 Break for half term

04.11.2025 Back to school

21.11.2025 Individual School Photos

19.12.2025 Break for Christmas

06.01.2026 Back to School

13.02.2026 Break for half term

23.02.2026 Back to School

12.03.2026 Science Visit

13.03.2026 Science Visit

27.03.2026 Break for Easter

13.04.2026 Back to School

04.05.2026 Bank Holiday

22.05.2026 Break for half term

01.06.2026 Back to School

23.07.2026 Last day of term

What Parents & Educators Need to Know about CONSPIRACY THEORIES

Conspiracy theories are false or misleading beliefs that explain events as secret plots, often involving powerful groups. While once fringe, they are now more accessible through digital media, online influencers and because of algorithmic recommendations. The DfE guidance document, 'Keeping Children Safe in Education' (KCSIE) explicitly recognises conspiracy theories as potential content risks. This guide will help parents and educators understand the risks, spot the signs, and build children's resilience to conspiracy theories.

WHAT ARE THE RISKS?

UNDERMINING TRUST

Conspiracy theories can lead children and young people to distrust democratic institutions and British Values, teachers, and even their own families and loved ones. This erosion of trust makes young people more vulnerable to extremist narratives by isolating them from reliable sources of information.

ONLINE ALGORITHM TRAPS

Social media platforms can often recommend sensationalist content. Once a child engages with one conspiracy-themed video or post, algorithms push more of the same, thereby creating an echo chamber that can intensify their beliefs.

MENTAL HEALTH IMPACT

Exposure to frightening conspiracy content, such as global plots, viruses, or government control, can fuel feelings of anxiety, paranoia, or hopelessness. For some young people, it can trigger prolonged distress or obsessive thinking.

GATEWAY TO EXTREMISM

Conspiracy theories can often overlap with extremist ideologies. Narratives that blame specific groups, such as politicians, scientists, or particular ethnic groups, can groom children in ways that foster hate, bigotry, and radicalisation.

CONFLICT WITH PEERS

Belief in conspiracy theories can lead to isolation or conflict at school. Children may struggle with peer relationships if they express these beliefs or become distrustful of others who disagree; sometimes, confrontation can even result in a strengthening of the belief in the conspiracy theory.

ERODED CRITICAL THINKING

Young people influenced by conspiracies may reject evidence-based learning. This risks undermining their academic progress and weakening their ability to think critically, assess risks, or engage in healthy debate.

Advice for Parents & Educators

CREATE SAFE CONVERSATIONS

Don't mock or dismiss any questions that children and young people ask about conspiracy theories. Instead, create open, judgement-free spaces to talk. This strengthens trust and makes it more likely they will confide in you.

PROMOTE CRITICAL THINKING

Teach young people how to assess information critically. Encourage them to ask appropriate questions, such as: Who is telling me this? What evidence is there? What do other trusted sources say? Use real examples from current media to explain your answers and reasoning.

MONITOR DIGITAL BEHAVIOUR

Be aware of the content children are accessing, especially on platforms such as TikTok, YouTube, or Reddit. Use parental controls, but more importantly, maintain ongoing dialogue about online experiences and influencers.

REINFORCE RELIABLE SOURCES

Point children toward trustworthy and reliable sources of news and information in a variety of formats tailored to the young person's age. Build habits of verifying facts using reliable sources, and teach them how to spot misleading content.

Meet Our Expert

Brendan O'Keeffe is a headteacher and digital education consultant with over a decade of experience in education. As Director of Digital Strategy across multiple schools and an advisor to The National College, he specialises in digital safety, PREVENT, and pastoral care.



#WakeUpWednesday

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