

Glebe

Newsletter



www.glebe.derbyshire.sch.uk

Friday 23rd May 2025

Arts & Culture Week

This week, it has been Arts and Culture Week in school. Year 3 studied Australia, Year 4 looked at the UK, Year 5 explored Africa and Year 6 focused on India. It was a fantastic week filled with dancing, drums, art, music, sport, food and lots of fun! Well done to all the children who took part - you all worked incredibly hard. Mrs Bird

Sun Safe Schools accreditation

Congratulations to GLEBE JUNIOR SCHOOL for gaining 'The Sun Safe Schools accreditation' which demonstrates our commitment to maintaining the health and wellbeing of your child(ren) during school hours. Hopefully the sun will shine over the half term break. Please remind your children: Slip on a T-shirt, Slap on a hat, Slop on some sun cream, Slide on some sun glasses and Shade from the sun especially midday. Use sunscreen with a Sun Protection Factor (SPF) of 30 or above with at least 4 star UVA protection.

Congratulations to the winners of the design a sun hat competition are:

- Y3 Olivia, Florrie, Caleb
- Y4 Connie, Leo, Lily
- Y5 Summer, Benjamin, Charlee
- Y6 Quinn, Ava, Caleb

Thank you for all the wonderful entries. Mrs Cook

Embark Dance Festival

On Wednesday the Year 4 Dance Club took part in the Embark Dance Festival at the New Horizons Centre in Langley Mill. Eighteen schools were represented across the trust and each performed their own dance. There were many different styles and a variety of music. The Glebe dancers performed a beautiful Contemporary number to -What About Angels choreographed by Shianne Crowder who leads the Dance Group. Kristian Thomas (the founder of KTCO), who was compering the event, said the children worked brilliantly as a team and it took a lot of trust in each other to perform so well.

Their moves were mature and really controlled. Throughout the day, the children were treated to some fantastic performances from the other schools along with very special visitors including Sam Holden, a West End performer currently appearing in the production Hamilton and an Acro and Commercial dancer. These dancers spoke to and performed for the children, which was inspirational. Thank you to Mrs Bradley who has supported the Dance Club, encouraging and organising them each week. Thank you to Shianne who worked with the children on their dance. They represented Glebe perfectly and did us proud. Mrs Watson.

Wellbeing Evening– Stay Off Your Phone and Get in the Zone!

The sun shone for our Wellbeing Evening on Wednesday. It was lovely to see so many children and parents and carers enjoying the activities which were all screen free. The evening was a chance to remember all the things there are to do which don't involve a screen. These activities promote wellbeing and connections with others.

Activities on offer included: Yoga, Basketball Multi Sports, Lego, Colouring, Cricket, Bracelet Making, Crochet, Board Games, Forest Schools, Creative Writing and Positive Affirmations.

Thank you to everyone who came along. There was a lovely atmosphere and people wanted to stay longer! Thank you to all the Teachers and TAs who helped made the evening a success. Miss Torrington and Mrs Watson

Competition

To celebrate our new recycling scheme, the Eco committee are launching a competition to decorate and inform people about our recycling bins. There are 3 categories to enter: 1- Food waste, 2- Paper recycling (except tissues and blue towels) and 3- Other recycling (such as cardboard, plastic water bottles etc.) The winners of each category will win their design put on all recycling bins around school. Competition closes 9th June. Good luck! Miss Marriott

Week Commencing: 2nd June 2025

Monday 2nd June	Back to school 3.30pm – 4.30pm Multisport Year 5 3.30pm – 4.30pm Multisport Year 3 3.30pm – 4.30pm Basketball Year 4
Tuesday 3rd June	Year 4 swimming Year 2 parents meeting 3.45pm 3.30pm – 4.30pm Cricket Year 6 3.30pm – 4.30pm Cricket Year 5
Wednesday 4th June	3.30pm – 4.30pm Dance Year 5
Thursday 5th June	3.30pm – 4.30pm Athletics Year 3 3.30pm- 4.30pm Podcast Club Year 5
Friday 6th June	

Extended Day

We still have places available for Breakfast Club if you need to get to work early, Monday to Friday 7:30–8:45am each morning at a cost of £3.50 per session for Glebe children. You do not need to attend the whole week, just the days you require. Please book places in advance by Thursday the week before through SchoolMoney. Breakfast items such as toast, croissants, cereal, waffles, pancakes, yoghurts and fruit juice all available.

Please do not bring your child to Breakfast Club unless they are booked in as they are not guaranteed a place. Any problems booking them in please contact the office on 01773 811304. Thank you.

After-School Club

After school club run by JPAC, every day, 3:30 to 6pm. JPAC Club contact number: 07971957839 To book, please visit jpac.ipalbookings.com

Online Safety

We will be sharing a weekly online safety resource from the National College as part of the #WakeUpWednesday initiative. See the school website under Parents tab, Online Safety

Help & Support

Senior Designated Safeguarding Lead contact details

Headteacher: Steve Watson Tel 01773 811304 headteacher@glebe.derbyshire.sch.uk or safeguarding@glebe.derbyshire.sch.uk

- **Children's Carers Support Group**

Useful information regarding the Children's Carers Support Group is posted on the school website under the News and Events tab, Letters Home.

- **Starting Point and Call Derbyshire**

Tel 01629 5330190 24/7, 365 days Derbyshire contact and referral service for concerns that a child is suffering or at risk of significant harm.

- **DCC Child Protection and Safeguarding Team**

Tel 01629 535353 If you require any professional advice or have any questions at all relating to a safeguarding issue.

- **Derbyshire Domestic Abuse Helpline 08000198668**

Free online mental health and wellbeing support, 7 days a week, for parents & carers of children & young people who live in derby & Derbyshire.

- **The Sleep Charity Helpline**

At any given time up to 40% of adults and 50% of children (this rises to 80% with a SEND diagnosis) have difficulties with their sleep. Yet in a recent survey, almost 60% of adults felt there

was a lack of support for sleep issues. Sleep problems can leave people feeling isolated and lonely.

Our free helpline is run by trained sleep advisors, many of whom are specialists in working with SEND. We can talk to young people directly, or parents (we can also talk to adults, including older people, about their sleep issues).

The helpline is open 5 times a week, Monday, Tuesday, Thursday evenings 7-9pm, and Monday, Wednesday mornings 9-11am. The number is 03303 530 541.

You can read more here: <https://thesleepcharity.org.uk/national-sleep-helpline/>

- **Free School Meals**

Derbyshire County Council website has a link that can provide an instant eligibility check for Free School Meals.

- **Is This Ok?**

Is This Ok? is a free, anonymous, and confidential service, bringing trained professionals together to provide support to young people through a chat service.

Young people don't need to provide their name and we don't need to know their address- which we know is important for them. www.isthisok.org.uk

Derby and Derbyshire Emotional Health and Wellbeing

This site provides a wealth of information for both professionals and families.

Please find the link below to the community updates.

[Derby & Derbyshire - Emotional Health & Wellbeing](http://derbyandderbyshireemotionalhealthandwellbeing.uk)

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INSET DAYS 2024/2025

23RD June 2025

INSET DAYS 2025/2026

4th September 2025, 5th September 2025, 3rd November 2025, 5th January 2026 & 26th June 2026.

Diary Dates

09.06.2025 Assessment Week

09.06.2025 Eco Competition deadline

16.06.2025 Class Photographs

17.06.2025 Sports Day Years 5/6

18.06.2025 Sports Day Years 3/4
20.06.2025 Severn Trent whole school assembly
23.06.2025 INSET Day
24.06.2025 Year 3 Bluebell Farm Trip
25.06.2025 RSHE Day
26.06.2025 Get Ready for the Euros themed school dinner menu
26.06.2025 Y4 Viking Man 4L & 4E
27.06.2025 Y4 Viking Man 4G & 4B
30.06.2025 – 02.07.2025 Mount Cook Residential Year 6
03.07.2025 FGS Transition Evening 6pm-7.30pm
04.07.2025 Maths Day
08.07.2025 Mini Police Graduation, Postmill – Year 5
10.07.2025 Glebe Summer Gala
11.07.2025 Yorkshire Wildlife Park trip – Year 5
15.07.2025 Year 6 Performance – Postmill
16.07.2025 Transition Day
18.07.2025 French Day
18.07.2025 Seaside Special themed school lunch
24.07.2025 Last Day of Term

What Parents & Educators Need to Know about VIOLENT CONTENT ONLINE

Around 70% of teenagers say they've seen real-life violence on social media in the past year – often from as young as primary school age. Just 6% actively seek it out; most encounter it through group chats or social media algorithms. From fights and pranks to hate speech and graphic media, exposure to violent content online is more widespread – and more harmful – than many adults realise.

WHAT ARE THE RISKS?

MENTAL HEALTH AND TRAUMA

Children and young people report feelings of anxiety, guilt, shame or fear after seeing violent content. For some, these effects may be short term, but for those with existing vulnerabilities or past trauma, the impact can be more severe. Many also feel pressured to 'laugh off' violent content to fit in with friends, even when they find it distressing.

BEHAVIOUR CHANGES

Exposure to online violence can lead to fear and avoidance behaviours – such as skipping school or staying indoors. When children see weapons used in videos, it can heighten their perception that the world is unsafe and, in rare cases, increase the likelihood they'll consider carrying a weapon themselves, such as a knife for protection.

ESCALATION AND PARTICIPATION

Violent videos often go viral quickly. What begins as an online argument can spill into real-world fights – which are sometimes filmed and shared to gain views or status. Some children even admit to sharing or creating violent content themselves to gain attention or boost their reputation.

DESENSITISATION

Older teens may become numb to violent content after years of exposure, admitting they're unlikely to report it. Younger children also tend not to report it – usually because they don't believe anything will be done or because they're afraid of being labelled a 'snitch' by their peers.

HARMFUL IDEOLOGIES

Violent content online may overlap with racist, misogynistic or otherwise extremist ideas. These messages can dehumanise others or glorify violence as a way to gain power, popularity or notoriety. Over time, this can normalise dangerous behaviours and attitudes among impressionable viewers.

DISPROPORTIONATE IMPACT

Not all children are affected equally. Those who are excluded from school, marginalised, disabled or neurodivergent are often more vulnerable to the effects of online violence. It's essential to consider wider context – including home life and access to safe spaces – when thinking about potential harm.

Advice for Parents & Educators

CREATE SUPPORTIVE SPACES

Many children feel adults are too busy or won't understand their experiences online. Take time to build trust through non-judgemental conversations about what they're seeing. If they don't want to speak to you directly, gently signpost towards trusted services they can turn to for support.

KNOW WHAT'S ILLEGAL

Some violent content is simply upsetting, while other examples may be criminal or a safeguarding matter that needs reporting. Help children understand the difference by staying informed about online laws and social media reporting procedures. A useful resource is reportharmfulcontent.com.

AVOID HARSH RESTRICTIONS

Fear of punishment is a major reason young people stay silent about violent content. Try not to overreact or threaten to take away devices. Instead, reassure children that they can speak openly and that asking for help won't get them into trouble.

UNDERSTAND TECH AND TRAUMA

Older children may already know how to block accounts or avoid triggering content. Help younger or more vulnerable children learn these tools and encourage habits that reduce exposure. Just as importantly, teach techniques that help them process distress – building resilience and emotional literacy for both online and offline life.

Meet Our Expert

Dr. Holly Powell-Jones is the founder of Online Media Law UK and a leading UK expert in digital safety, media law, and young people. Her PhD investigates children's understandings of risk online. She works with schools, businesses, and universities to provide award-winning education on the criminal, legal, and ethical considerations for the digital age. Visit onlinemedialawuk.com for more.



#WakeUpWednesday®

The National College®

