

# *Glebe*

## *Newsletter*



[www.glebe.derbyshire.sch.uk](http://www.glebe.derbyshire.sch.uk)

**Friday 6<sup>th</sup> June 2025**

### Tough Runner

On Wednesday Amber Valley Schools Sports Partnership came to school with their Tough Runner assault course. The course had cargo nets, tyres, duck walks and the popular inflatable run and slide.

All the children and some staff enjoyed the course and getting wet through on the slide. Thank you to all at AVSSP for a great day. Mrs Watson

### Sports Day

Our sports mornings are fast approaching:

- **Year 5/6 Tuesday 17<sup>th</sup> June 2025 9.15am**
- **Year 3/4 Wednesday 18<sup>th</sup> June 2025 9.15am**

Parents/carers are welcome to come and watch and support. We will register the children and aim to start at 9.15am. You are welcome to bring chairs. Please ensure your child has their correct colour house t-shirt and PE kit in school all week. All children need trainers for PE. Thank you for your support. Mrs Watson.

### Week Commencing: 9<sup>th</sup> June 2025

<b>Monday 9th June</b>	<b>Assessment Week</b> <b>Eco Competition deadline</b> <b>Year 6 Mount Cook Residential meeting 5pm</b> <b>3.30pm – 4.30pm Multisport Year 5</b> <b>3.30pm – 4.30pm Multisport Year 3</b> <b>3.30pm – 4.30pm Basketball Year 4</b>
<b>Tuesday 10th June</b>	<b>Year 4 swimming</b> <b>3.30pm – 4.30pm Cricket Year 6</b> <b>3.30pm – 4.30pm Cricket Year 5</b>
<b>Wednesday 11th June</b>	<b>3.30pm – 4.30pm Dance Year 5</b>
<b>Thursday 12<sup>th</sup> June</b>	<b>3.30pm – 4.30pm Athletics Year 3</b> <b>3.30pm- 4.30pm Podcast Club Year 5</b>
<b>Friday 13<sup>th</sup> June</b>	

### Extended Day

We still have places available for Breakfast Club if you need to get to work early, Monday to Friday 7:30–8:45am each morning at a cost of £3.50 per session for Glebe children. You do not need to attend the whole week, just the days you require. Please book places in advance by Thursday the week before through SchoolMoney. Breakfast items such as toast, croissants, cereal, waffles, pancakes, yoghurts and fruit juice all available.

**Please do not bring your child to Breakfast Club unless they are booked in as they are not guaranteed a place. Any problems booking them in please contact the office on 01773 811304. Thank you.**

### After-School Club

After school club run by JPAC, every day, 3:30 to 6pm. JPAC Club contact number:

### **Online Safety**

We will be sharing a weekly online safety resource from the National College as part of the #WakeUpWednesday initiative. See the school website under Parents tab, Online Safety

### **Help & Support**

#### **Senior Designated Safeguarding Lead contact details**

Headteacher: Steve Watson Tel 01773 811304 [headteacher@glebe.derbyshire.sch.uk](mailto:headteacher@glebe.derbyshire.sch.uk) or [safeguarding@glebe.derbyshire.sch.uk](mailto:safeguarding@glebe.derbyshire.sch.uk)

- **Children's Carers Support Group**

Useful information regarding the Children's Carers Support Group is posted on the school website under the News and Events tab, Letters Home.

- **Starting Point and Call Derbyshire**

Tel 01629 5330190 24/7, 365 days Derbyshire contact and referral service for concerns that a child is suffering or at risk of significant harm.

- **DCC Child Protection and Safeguarding Team**

Tel 01629 535353 If you require any professional advice or have any questions at all relating to a safeguarding issue.

- **Derbyshire Domestic Abuse Helpline 08000198668**

Free online mental health and wellbeing support, 7 days a week, for parents & carers of children & young people who live in derby & Derbyshire.

- **The Sleep Charity Helpline**

At any given time up to 40% of adults and 50% of children (this rises to 80% with a SEND diagnosis) have difficulties with their sleep. Yet in a recent survey, almost 60% of adults felt there

was a lack of support for sleep issues. Sleep problems can leave people feeling isolated and lonely.

Our free helpline is run by trained sleep advisors, many of whom are specialists in working with SEND. We can talk to young people directly, or parents (we can also talk to adults, including older people, about their sleep issues).

The helpline is open 5 times a week, Monday, Tuesday, Thursday evenings 7-9pm, and Monday, Wednesday mornings 9-11am. The number is 03303 530 541.

You can read more here: <https://thesleepcharity.org.uk/national-sleep-helpline/>

- **Free School Meals**

Derbyshire County Council website has a link that can provide an instant eligibility check for Free School Meals.

- **Is This Ok?**

Is This Ok? is a free, anonymous, and confidential service, bringing trained professionals together to provide support to young people through a chat service.

Young people don't need to provide their name and we don't need to know their address- which we know is important for them. [www.isthisok.org.uk](http://www.isthisok.org.uk)

#### **Derby and Derbyshire Emotional Health and Wellbeing**

This site provides a wealth of information for both professionals and families.

Please find the link below to the community updates.

[Derby & Derbyshire - Emotional Health & Wellbeing \(derbyandderbyshireemotionalhealthandwellbeing.uk\)](http://derbyandderbyshireemotionalhealthandwellbeing.uk)

23<sup>RD</sup> June 2025

**INSET DAYS 2025/2026**

4<sup>th</sup> September 2025, 5<sup>th</sup> September 2025, 3rd November 2025, 5th January 2026 & 26th June 2026.

**Diary Dates**

- 16.06.2025 Class Photographs
- 17.06.2025 Sports Day Years 5/6
- 18.06.2025 Sports Day Years 3/4
- 20.06.2025 Severn Trent whole school assembly
- 23.06.2025 INSET Day
- 24.06.2025 Year 3 Carsington Water Trip
- 25.06.2025 RSHE Day
- 26.06.2025 Get Ready for the Euros themed school dinner menu
- 26.06.2025 Y4 Viking Man 4L & 4E
- 27.06.2025 Y4 Viking Man 4G & 4B
- 30.06.2025 – 02.07.2025 Mount Cook Residential Year 6
- 03.07.2025 FGS Transition Evening 6pm-7.30pm
- 04.07.2025 Maths Day
- 08.07.2025 Mini Police Graduation, Postmill – Year 5
- 10.07.2025 Glebe Summer Gala
- 11.07.2025 Yorkshire Wildlife Park trip – Year 5
- 15.07.2025 Year 6 Performance – Postmill
- 16.07.2025 Transition Day
- 18.07.2025 French Day
- 18.07.2025 Seaside Special themed school lunch
- 24.07.2025 Last Day of Term

# What Parents & Educators Need to Know about OFCOM MEDIA REPORT 2025

Every year, Ofcom releases its Children and Parents: Media Use and Attitudes Report, offering fresh insights into how young people are using digital platforms. The 2025 edition highlights key safeguarding concerns as children's engagement with social media, gaming, and live streaming continues to grow. This guide pulls out the top statistics from the report, focussing on the main areas of concern for parents and educators.

## ONLINE LIVES

Children are engaging with social media and online content at increasing rates:

**37%**

3-5s

now have access to social media platforms; however, only a small proportion use it independently of parents.

**79%**

3-17s

have a social media profile, with 16% including a public photo.

**66%**

3-17s

watch livestreamed videos regularly, with 16% of them streaming their own content.

**+** POST

## ONLINE GAMING

Gaming remains popular but raises concerns:

**74%**

of children say they play with someone they know, while 32% report playing with strangers.

**62%**

of parents worry about their children talking to strangers while gaming.

**31%**

of children who game online chat with people they don't know.

## PARENTAL CONCERNS

Parents are increasingly worried about online risks:

**70%**

fear their child may see age-inappropriate or sexual content.

**68%**

fear exposure to content that promotes self-harm.

**72%**

worry about their child distinguishing real from fake information.

**61%**

worry about exposure to extreme views.

**69%** are concerned about online bullying.

## SCREEN TIME

Screen time is still a major challenge for parents:

**70%**

of parents of 13-17s say it's difficult to manage screen time.

**33%**

of 8-17s think their own screen time is too high.

At **29% vs 24%**

boys were more likely than girls to disagree that their screen time is too high.

**18**

## HARMFUL CONTENT & INTERACTIONS

A significant minority of children continue to have negative feelings about social media and messaging apps:

Nearly four in ten 8-17s believe that people are mean or unkind to each other online all or most of the time.

Girls aged 8-17 are more likely than boys to say they have experienced someone being nasty or hurtful to them online (31%).

One third of teenagers agree that it's important that people can say what they want online, even if it offends someone.

## ONLINE SAFETY IN SCHOOLS

Positively, the vast majority of children reported learning about online safety at school:

**92%**

of children aged 8-17 recall at least one lesson on online safety and most report finding them useful.

The top three topics covered are:

**63%**

How to recognise harmful content.

**63%**

How to keep personal information safe.

**62%**

Being kind and respectful online.

#WakeUpWednesday®

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# What Parents & Educators Need to Know about EMOJIS

## WHAT ARE THE RISKS?

Emojis are more than playful expressions – they form a fast-evolving digital language that many adults struggle to decode. For young people, this 'secret code' is central to how they communicate identity, humour and emotions. With over 5 billion emojis sent daily on Facebook Messenger alone, understanding these symbols is key to engaging meaningfully with digital youth.

### GENERATIONAL MISCOMMUNICATION

An emoji like 👍 (thumbs up emoji) might seem friendly to adults, but teens often interpret it as sarcastic or passive-aggressive. These differing interpretations can create confusion or unintended tension in cross-generational conversations.

### SHIELDING BULLYING OR PEER PRESSURE

When embedded in emojis, mean-spirited jokes or exclusionary language can fly under the radar. Terms like 'mid' or 'delulu' may seem harmless, but they can be used to undermine peers in subtle ways.

### RAPIDLY SHIFTING MEANINGS

Emoji meanings can change overnight. A person standing emoji (🧑) once signified awkwardness but might now be repurposed for something entirely different. This ever-changing lexicon can leave adults in the dark and young people vulnerable to misunderstanding or misuse.

### MASKING DISTRESS OR HARM

Some emojis are used to discreetly signal troubling behaviours. For instance, 🍃 (falling leaves emoji) or 💊 (pill emoji) might suggest drug use, while 🌵 (wilted flower emoji) could hint at emotional struggles. Such usage can obscure serious issues, making them harder for trusted adults to detect.

### NORMALISING RISKY BEHAVIOURS

Emojis can make harmful actions seem light-hearted or fashionable. Strings like 🔥👉👉👉 (fire + 'woozy' face + pill emojis) may appear humorous but can reference partying, intoxication or dangerous challenges, which might otherwise raise red flags.

## Advice for Parents & Educators

### LEARN THE LINGO

Stay updated with emoji trends and definitions using resources like [emojipedia.org](http://emojipedia.org) or Urban Dictionary. Knowing current meanings builds confidence when engaging with young people and helps spot potential concerns early.

### ASK, DON'T ASSUME

Approach unfamiliar emojis with curiosity rather than suspicion. A light-hearted "What does 🍹 (juice box emoji) mean these days?" can open conversation and show that you respect their knowledge.

### CREATE SAFE SPACES FOR DISCUSSION

Encourage casual chats about emojis, online slang, memes, or social media trends. Showing interest without judgement reassures young people that they can talk about their digital world openly and safely.

### PRIORITISE TRUST OVER SURVEILLANCE

While parental controls and monitoring tools can be useful, emotional safety matters most. Be someone children and young people feel they can come to – not just someone who's watching them.

## EMOJI CHEAT SHEET - The following slang terms and emojis are some common examples - please be aware this isn't an exhaustive list.

### COMMON EMOJIS:

- |   |  |
|---|--|
| 🤡 (Clown face) Foolishness or clowning around | 🥹 (Pleading face) Over-affectionate or 'simping'                       |
| 😎 (Cool face) Cool, stylish or ruthless       | 👁️ (Eyes) Watching drama unfold  |
| 😍 (Hot face) Intense attraction or excitement | 🐐 (Goat) Greatest of all time (G.O.A.T.)                               |
| 😐 (Meh) Stone-faced, unbothered               | 💅 (Nails) Confidence, sassiness, or indifference                       |
| 👑 (Crown) 'Slaying', as in doing great        | 🚩 (Triangular flag) Red flag: a warning sign about someone's behaviour |

### POTENTIALLY CONCERNING EMOJIS

- |  |   |
|--|---|
| 🍌 (Ear of corn) Slang for pornography (avoids censorship algorithms) | 🌵 (Wilted flower) Often used to convey emotional struggle or sadness      |
| ❄️ (Snowflake, snowman, snow cloud) Can symbolise cocaine            | 👁️👁️ (Snake) Can represent betrayal or being 'two-faced'                  |
| 🗝️ (Key, lying face) Related to cocaine use                          | 🔫 (Water pistol) Sometimes used to reference violence or self-harm        |
| 🍃 (Falling leaves, herb, maple leaf) Can symbolise cannabis          | ⚠️ (Warning) Used to emphasise drama, threats or emotional turmoil        |
| 💊 (Pill) May reference drug use or prescription misuse               | 🍜 (Steaming bowl) Refers to nudes ('noods' is an abbreviation of noodles) |

### Meet Our Expert

Keith Broni is a globally renowned emoji expert and the Editor in Chief of [emojipedia.org](http://emojipedia.org), the world's number one emoji resource. He has an MSc in Business Psychology from University College London and an MBA from Quantic School of Business and Technology.



#WakeUpWednesday

The National College



**FREDERICK  
GENT  
SCHOOL**



# Y5/6 Open Evening

**THURSDAY 3<sup>RD</sup>**

**JULY**

**5-7pm**



**Please use the QR link to register your interest**





## KIT LIST

### Clothing

- Waterproof jacket
- Fleece/jumpers
- T shirts
- Underwear and socks
- Comfy trousers/leggings (no jeans)
- Shorts
- 2 pairs of trainers, 1 old pair suitable for water activities
- Indoor shoes or slippers
- Pyjamas
- Bring layers as most activities have the potential to get wet and muddy.

- Snacks, no more than 2 bags of sweets and no fizzy pop
- No more than £10 pocket money for vending machines and a small gift shop.
- Any medication needed. Money and medication to be handed to adults on the morning of departure.

### Toiletries

- Shampoo
- Soap/body wash
- Hairbrush and hair bobbles
- Toothbrush and toothpaste
- Towel

### Other

- Sun cream
- Sun hat
- Reusable water bottle
- Small backpack
- Black bin bag for wet/dirty clothes
- Packed lunch for the first day (Monday 30<sup>th</sup>) in a carrier bag that can be thrown away rather than a bulky lunchbox.

**Parents Meeting will be held on Monday 9<sup>th</sup> June at 5pm.**

At this meeting there will be medical forms for you to complete if your child will need medication during the trip.

